



# My First Songbook

## Volume I

preschool Prodigies

BONUS:  
COMPANION  
VIDEO COURSE  
INCLUDED

Colorful and Easy to Read Sheet Music for  
12 Popular Kid Songs! Perfect for  
Boomwhackers, Bells, or Piano!

# Preschool Prodigies

## My First Songbook Volume I

by Robert and Samantha Young



Production: Robert and Samantha Young  
Cover and Illustrations: Robert Young with art licensed at FreePik.com  
Printed by: Amazon CreateSpace

ISBN 978-1519520074

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2358 Dutch Neck Rd, Smyrna DE 19977

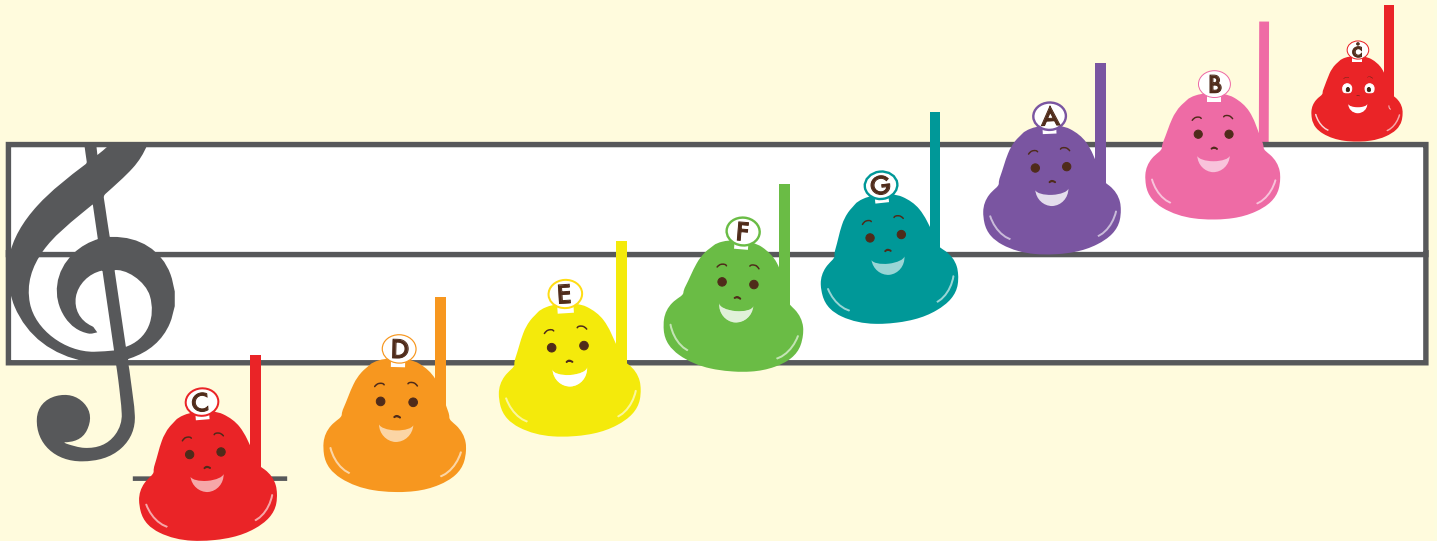
# Table of Contents

Welcome .....	3
High Notes and Low Notes .....	5
How Long are the Notes? .....	6
Solfege Hand Signs .....	7
BONUS: Companion Video Course .....	8
Hot Cross Buns .....	9
Mary Had a Little Lamb .....	10
Jingle Bells .....	12
Twinkle Twinkle Little Star .....	16
Baa Baa Black Sheep .....	19
The Farmer in the Dell .....	20
Row Your Boat .....	22
When the Saints Go Marchin In .....	24
On Top of Spaghetti .....	28
Are You Sleeping? (Frere Jacques) ..	30
Sweet Beets .....	32
Avocado .....	34

# Welcome to \_\_\_\_\_ Songbook

(first name)

In this book, you will sing and play songs with eight (8) musical notes.



Try playing the notes above! Start on the left, just like when you read any book, and you work your way to the right.

The colorful notes help make reading the music easier and more fun!

By reading music like this, you can sing and play songs like Mary Had a Little Lamb and Twinkle Twinkle Little Star.

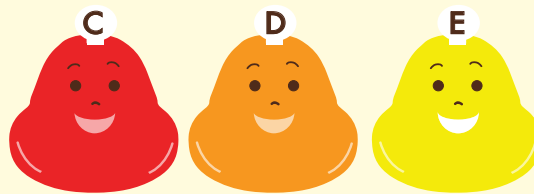
If you have an instrument, start by just playing the song on your instrument.

After you've played the songs on your instrument, trying singing the words to the song as you play along!

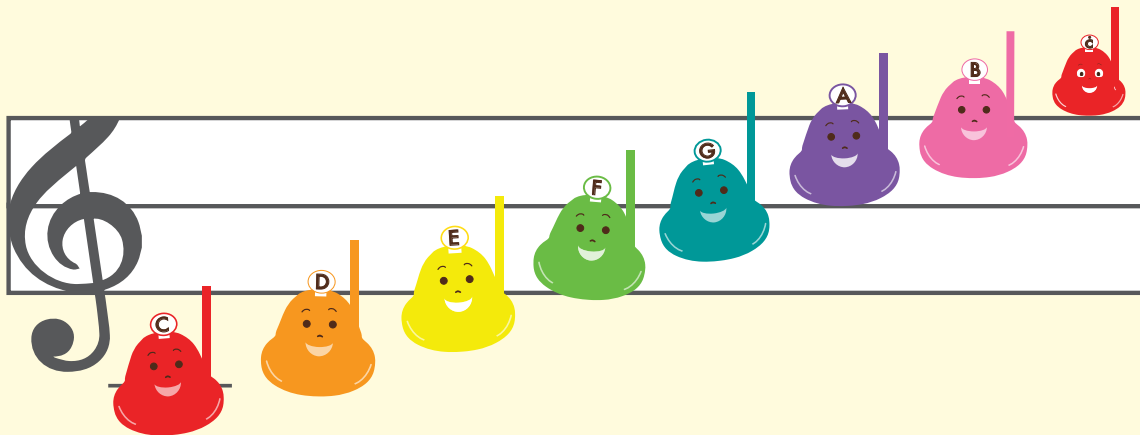
After that, you can practice with Solfege hand signs, which will help improve your singing and your sense of pitch.

You won't use all the notes in every song! To figure out what notes you need, look for a picture like this one at the beginning of a song.

## Notes Used:



Those are the notes you'll need for that song! Try to set your bells up just like the picture.



Did you notice that there are two (2) red bells named C?

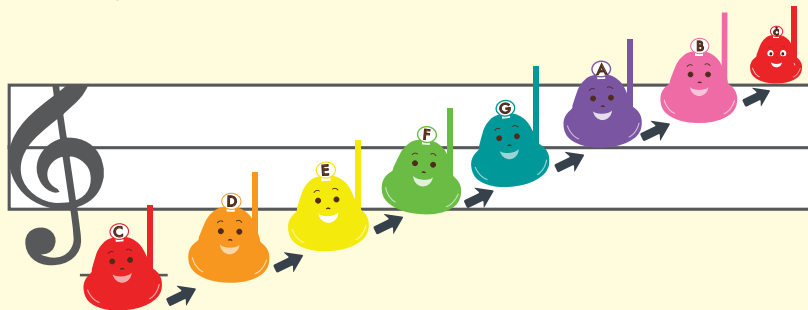
We have one C at the beginning and another at the end! This is because the musical notes repeat in a pattern.

# High Notes and Low Notes

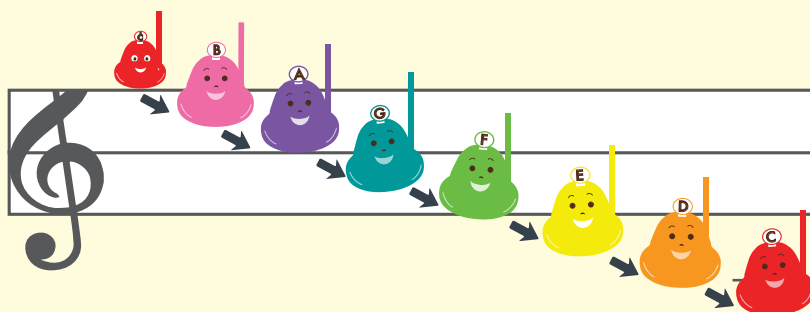
Do you remember how many notes we have? Count them if you forgot!

The lowest note is the big C Bell. Do you see how it sits lower than all the other notes?

As you go from note C to note D, you are stepping up and getting higher. You can keep stepping up to higher and higher notes, until you hit the top of pattern at little bell c.



Then from the little bell c, you can step all the way back down to the low C.

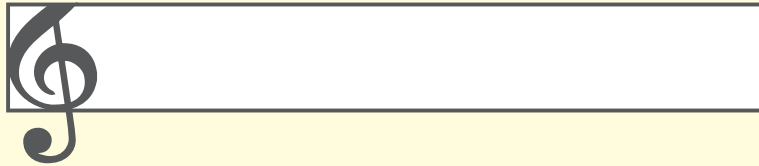


These notes live inside the treble clef and in this book, we will work with a small section of the treble clef!



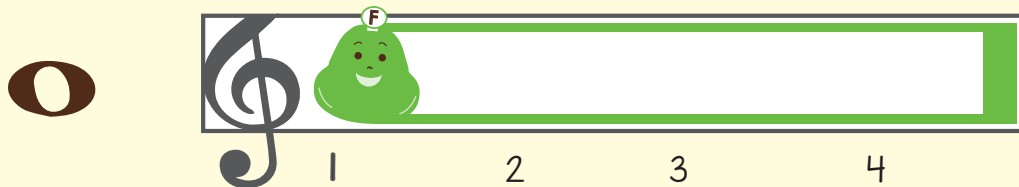
# How Long are the Notes?

A blank musical space is called a measure.

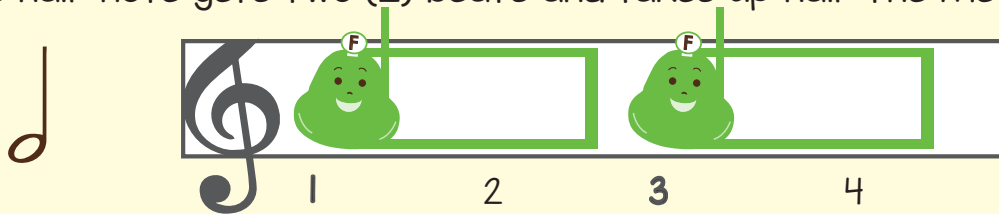


The measures in this book all have four (4) beats!

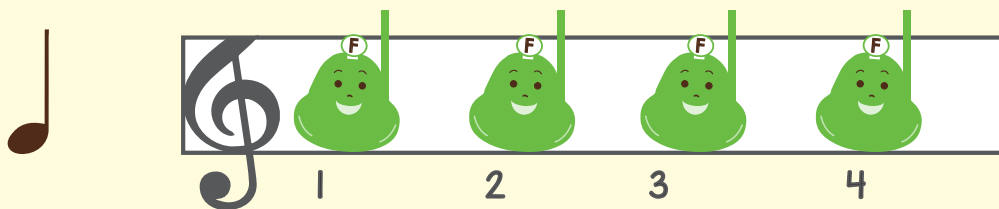
The whole note gets four (4) beats and takes up a whole measure.



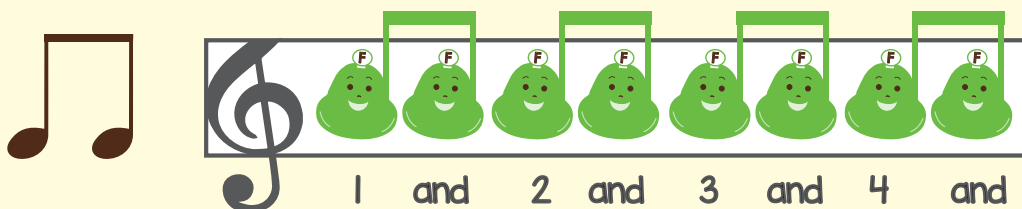
The half note gets two (2) beats and takes up half the measure.



The quarter note gets one (1) beat and takes up one-quarter of the measure.



The eighth note gets one-half ( $1/2$ ) of a beat and takes up one-eighth of the measure.



# The Solfege Hand Signs

Not only can you play and sing along with the songs in this book, but you can hand-sign along with the different musical notes.

Hand-signing along is a great way to make sure you are singing the right note.

By signing along with the notes, you will begin to memorize the sounds of notes much faster.

When we hand sign, we sing with syllables we call Solfege. The Solfege syllables are “do re mi fa sol la ti and do.”

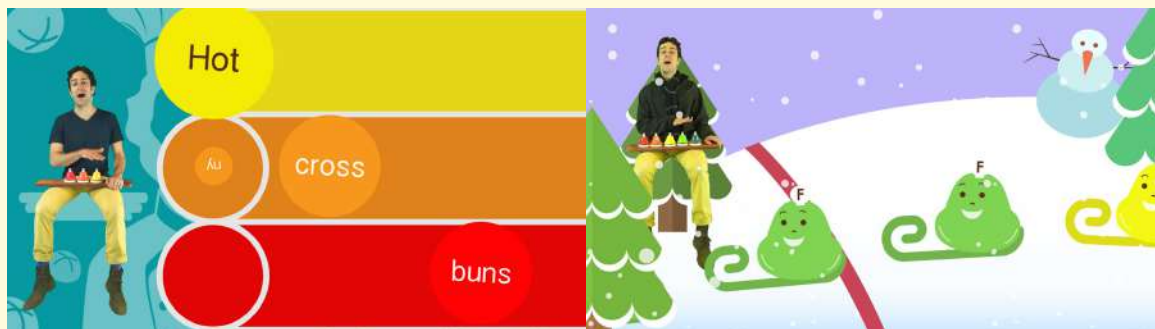
When you sing “do,” you turn your hands into fists near your waist. The symbols on the right show you the hand signs and their Solfege syllable.

Learn about the rest of the Solfege hand symbols by visiting [preschoolprodigies.com/course](http://preschoolprodigies.com/course).

Use the password **musictime** to jump in singing and hand-signing with Mr. Rob.



# BONUS: Companion Video Course



This book comes with companion videos to help make playing the songs even easier!

Learn more about the Solfège hand signs, playing in time and where the notes live in the treble clef at

[PreschoolProdigies.com/course](https://PreschoolProdigies.com/course)

password:

**musictime**

---

I hope you enjoy the songbook and the companion videos!

This is the upteenth rendition of this book, and I really hope you love it as much as we do! Volume II is almost complete, so if you enjoy this book, check out Volume II!

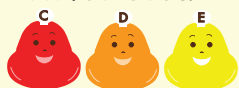
Next time you're on Pinterest, YouTube, Facebook, etc.... look us up and say hi! We'll make you laugh, help your kids fall in love with music and definitely not blow up your feed in the process.

Until next time...

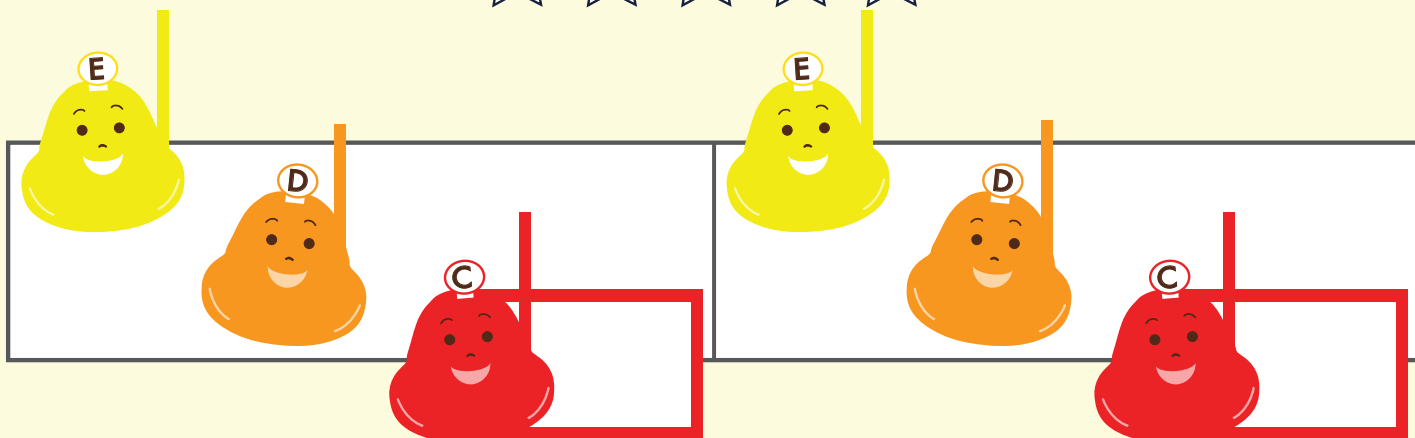
Mr. Rob



Notes Used:



# Hot Cross Buns

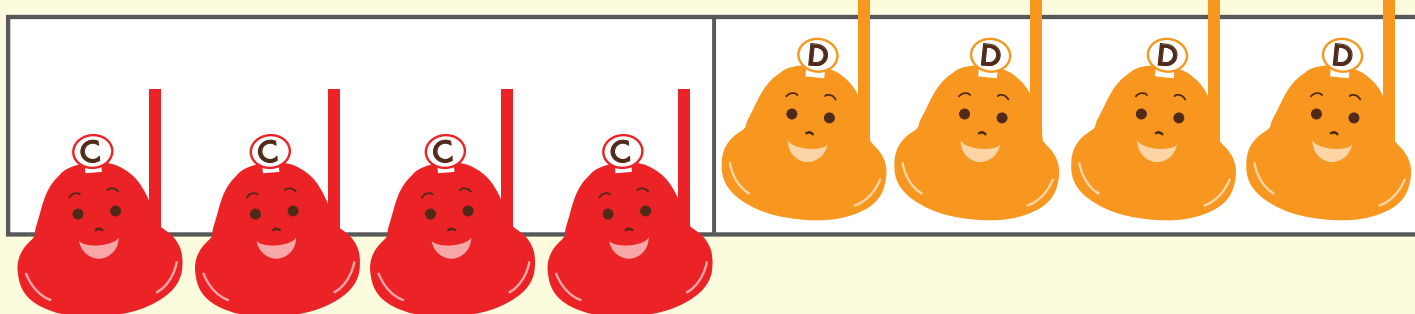


1. Hot cross buns

hot cross buns

2. (mi) (re) (do)

(mi) (re) (do)

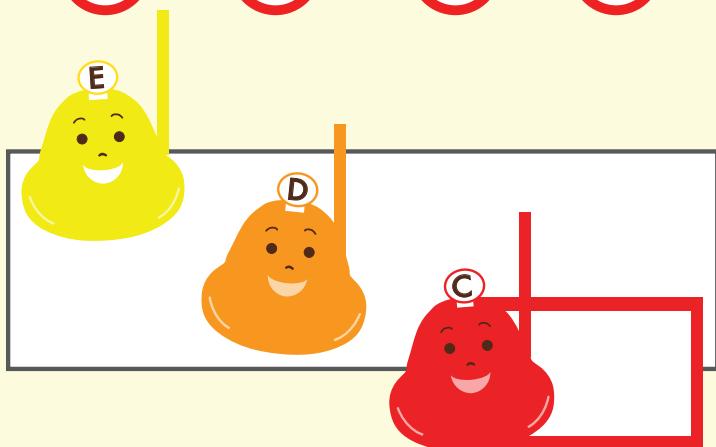


One a pen - ny

two a pen - ny

(do) (do) (do) (do)

(re) (re) (re) (re)



Hot cross buns

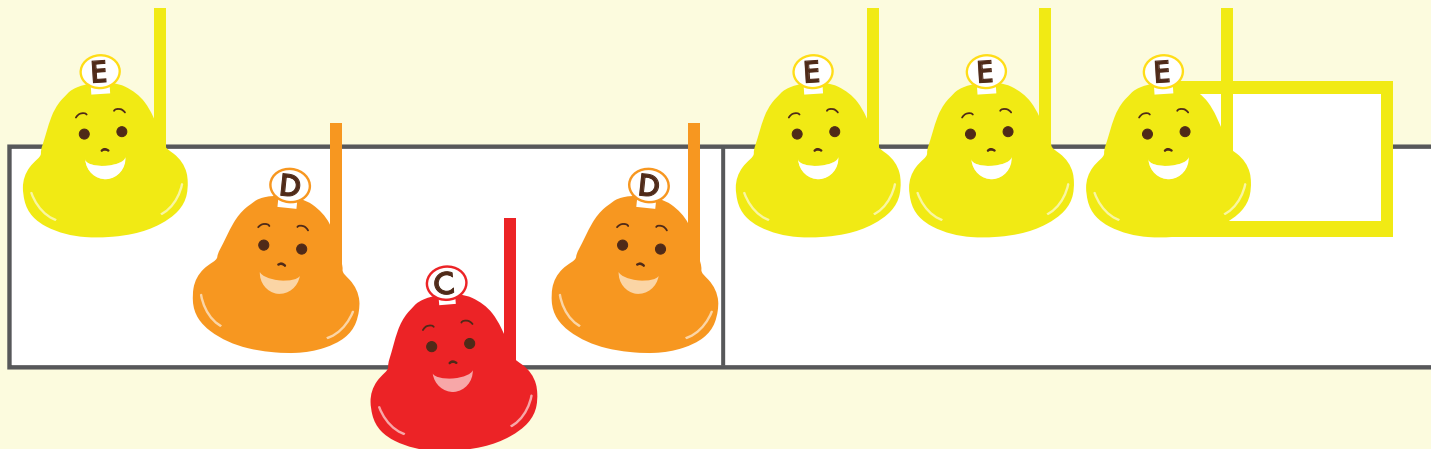
(mi) (re) (do)










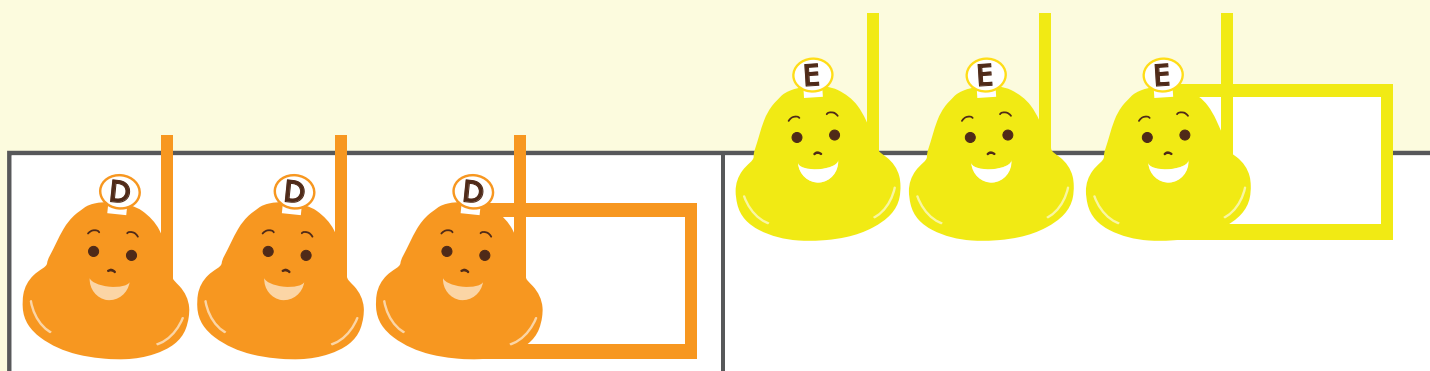
Notes Used:








# Mary Had a Little Lamb

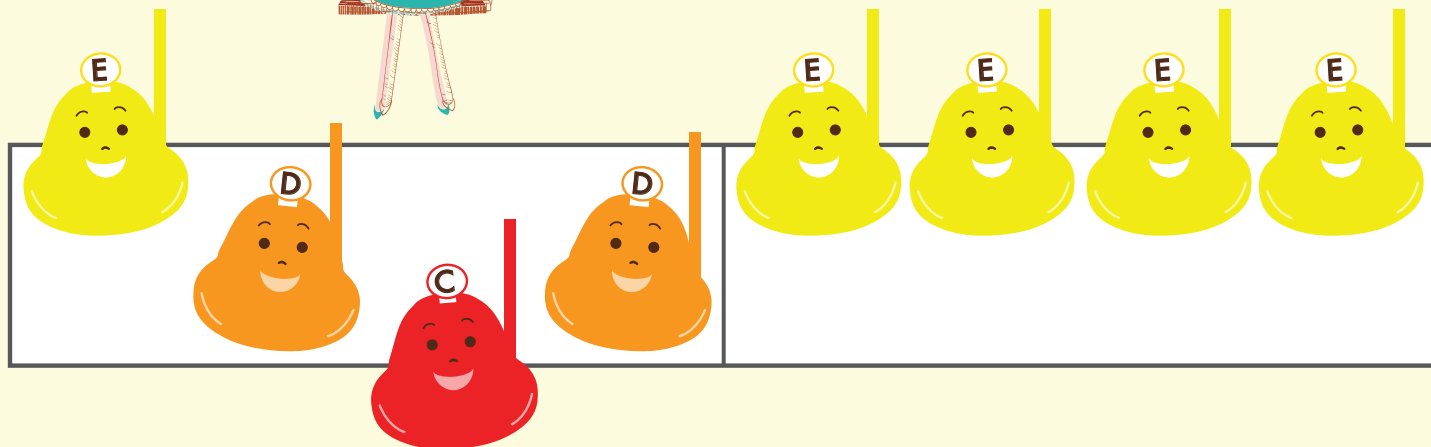


1. Ma - ry had a lit - tle lamb
2. Fol - lowed her to school one day
3.       

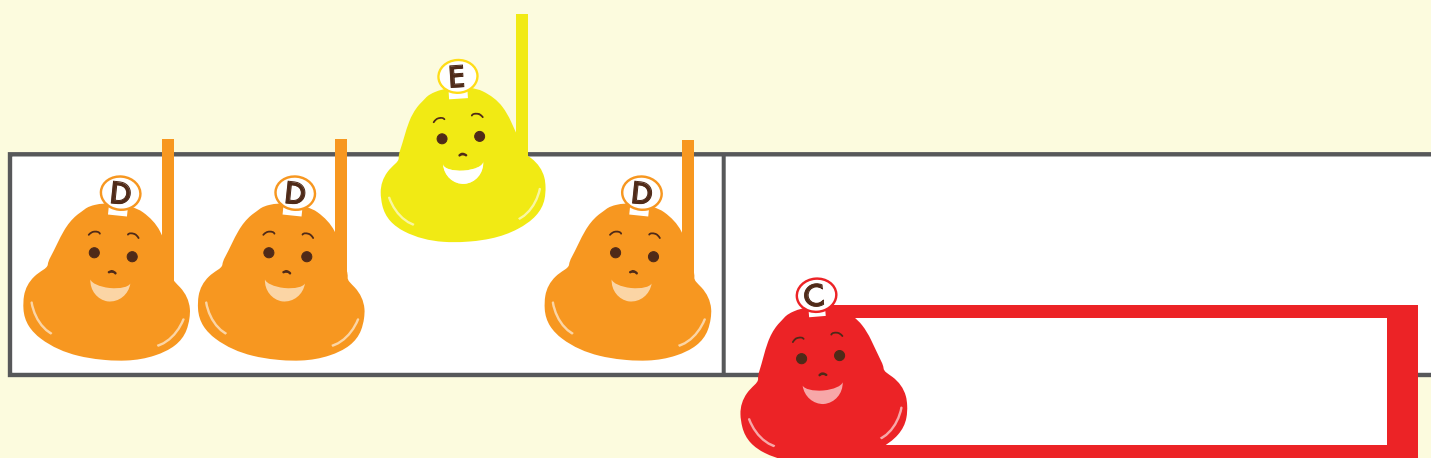


Lit - tle lamb  
school one day  
  

lit - tle lamb  
school one day  
  



Ma - ry had a lit - tle lamb whose  
Fol - lowed her to school one day which



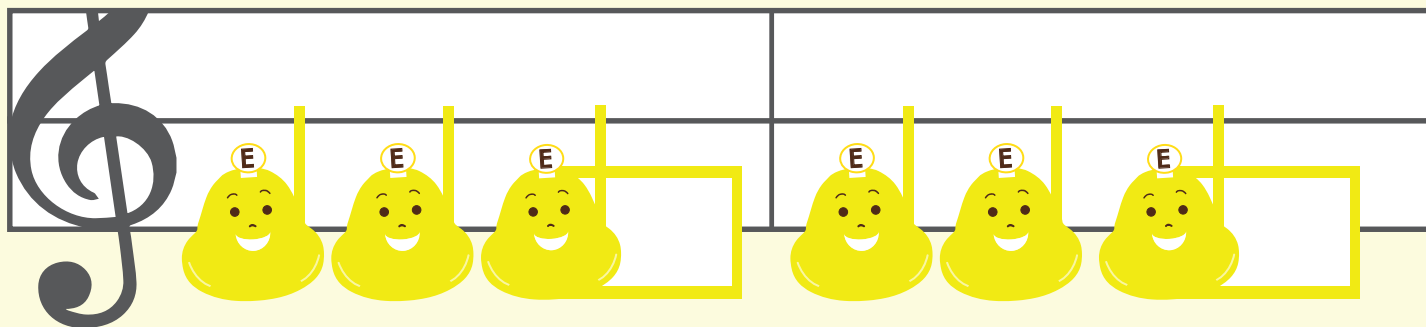
fleece was white as snow  
was a - gainst the rules



Notes Used:

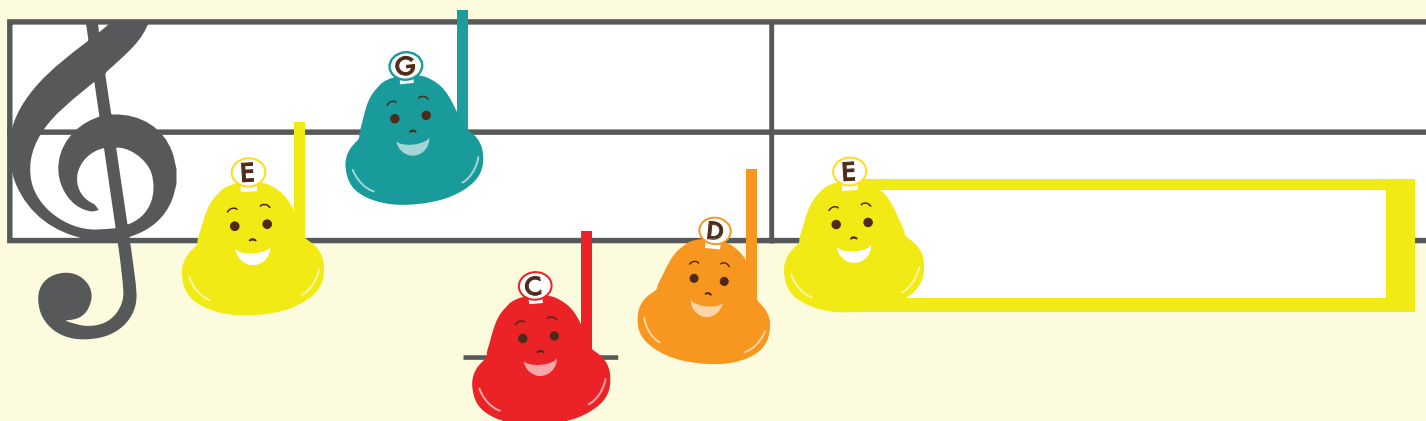


# Jingle Bells



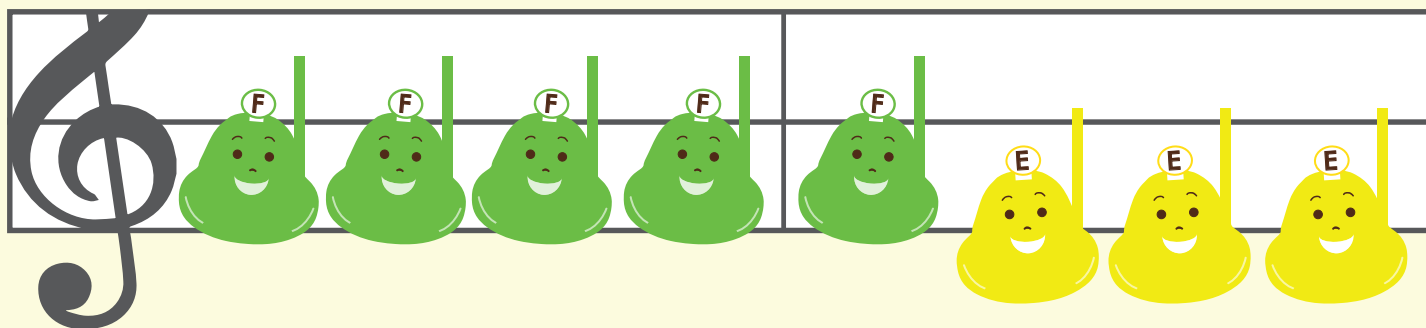
1. Jin - gle bells

jin - gle bells

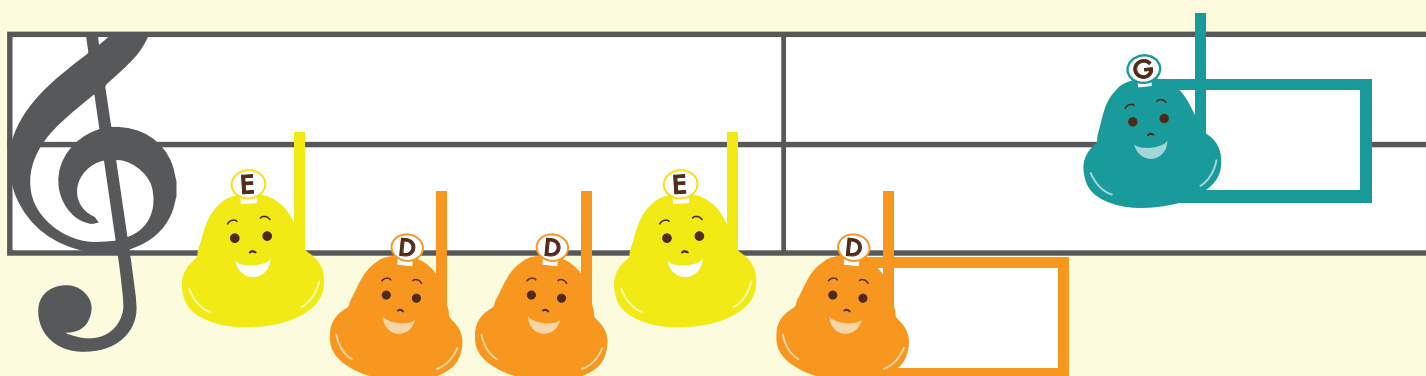


Jin - gle all the way





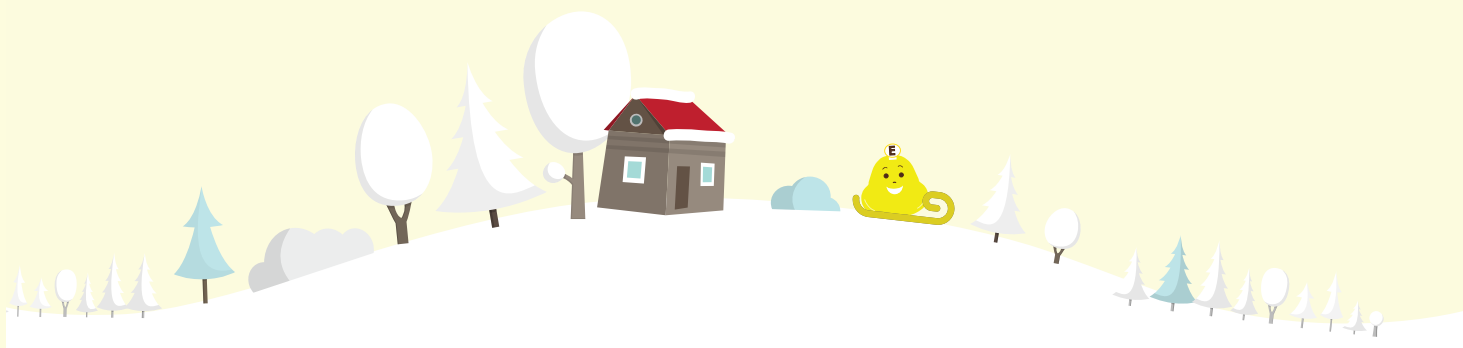
Oh what fun it is to ride in

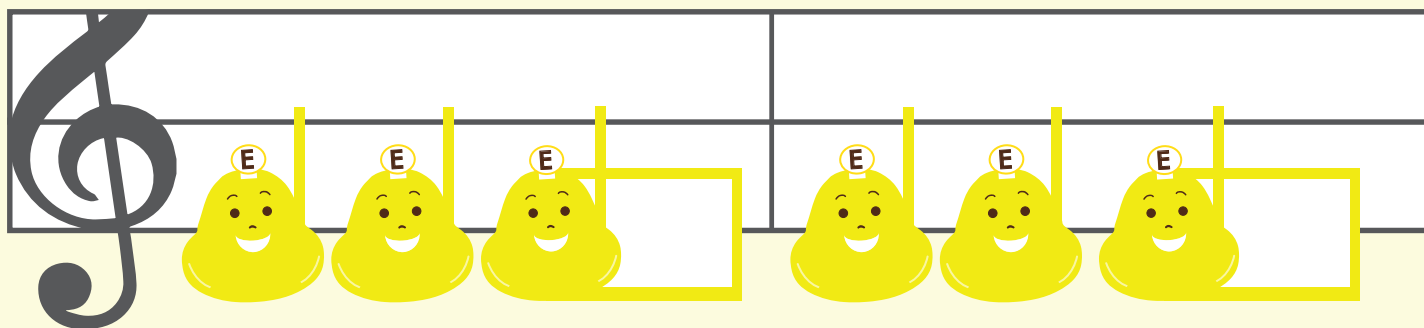


one horse o - pen sleigh



HEY!

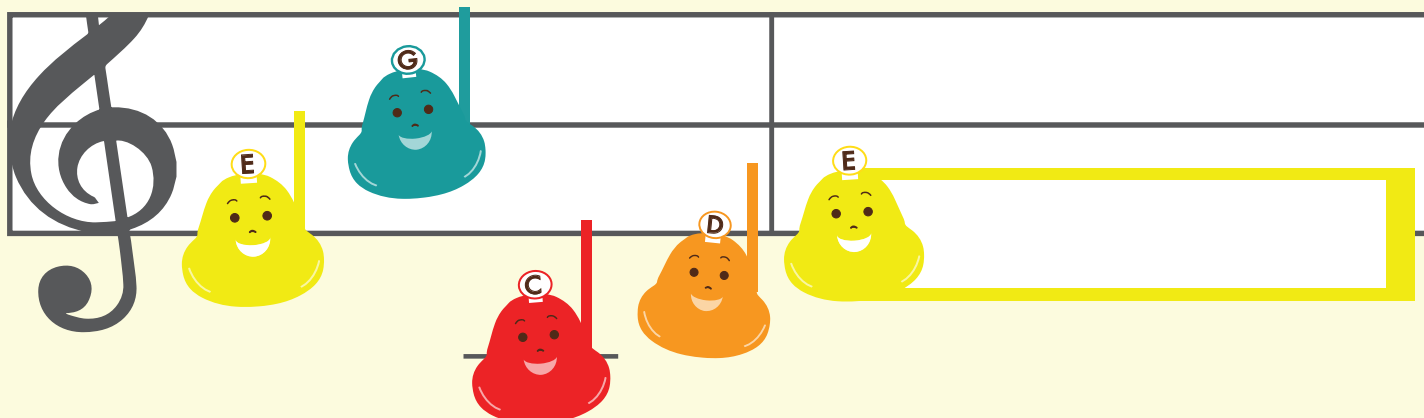




Jin - gle bells

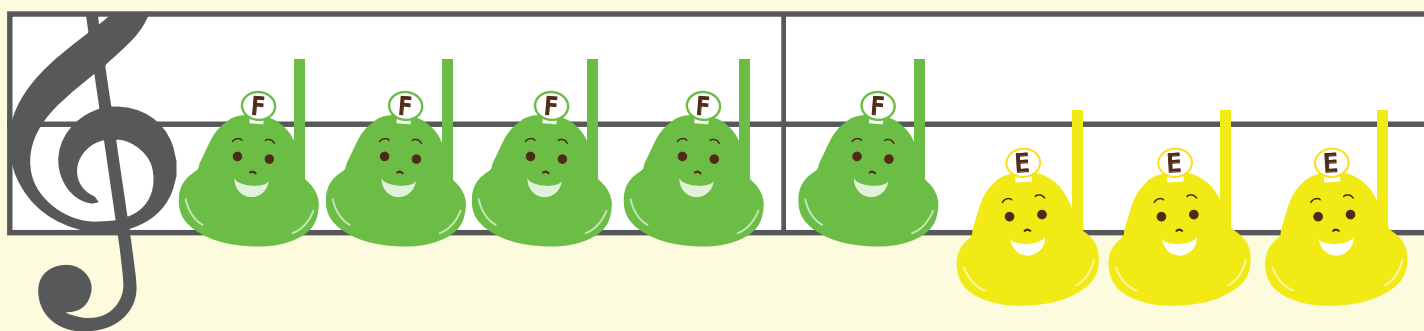


jin - gle bells

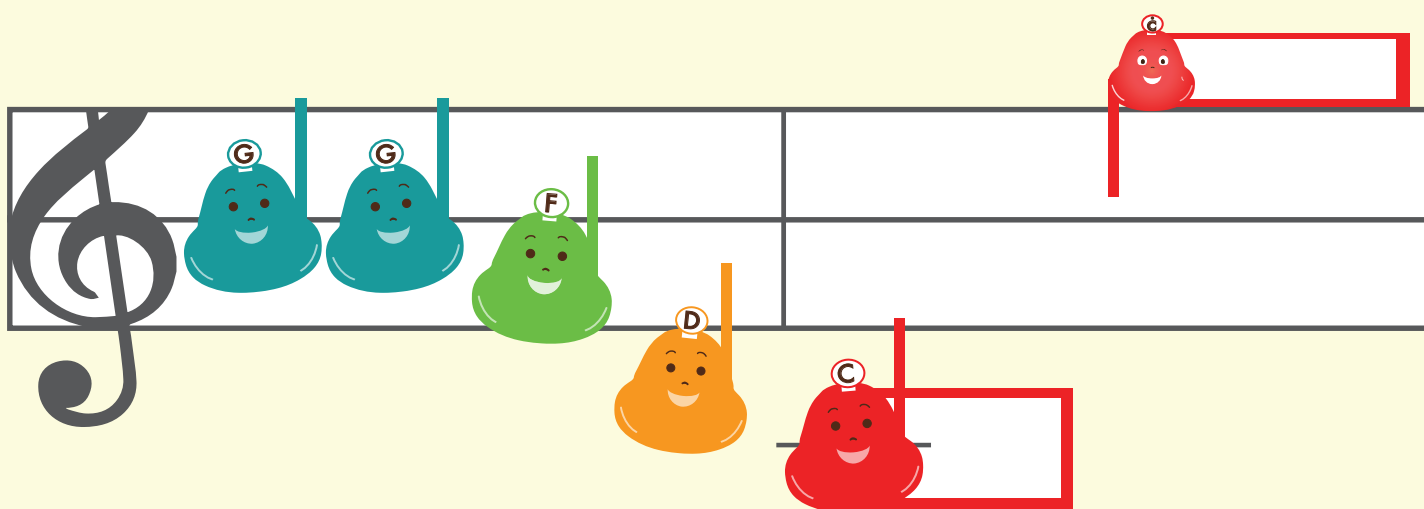


Jin - gle all the way





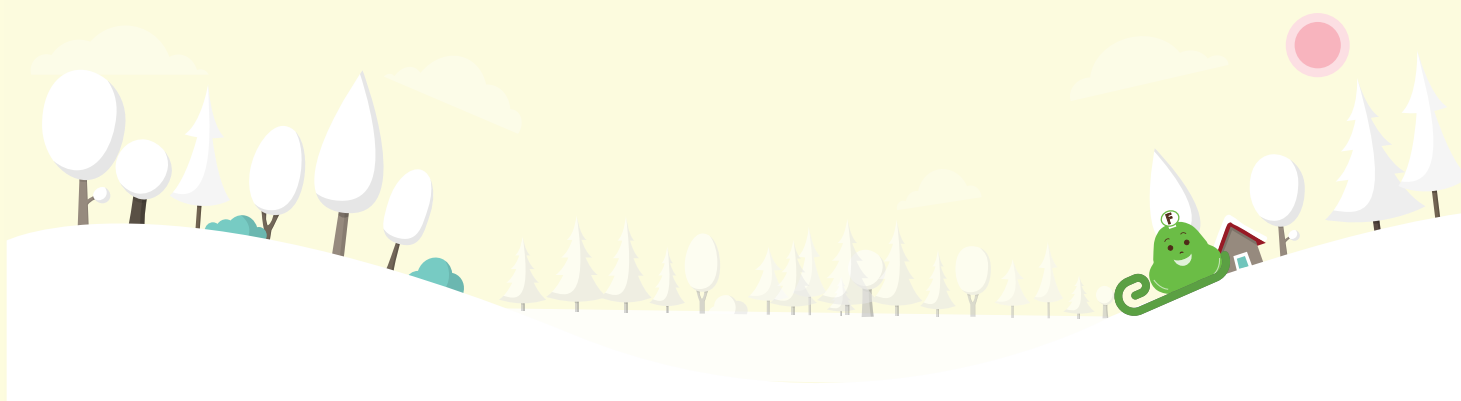
Oh what fun it is to ride in



one horse o - pen sleigh



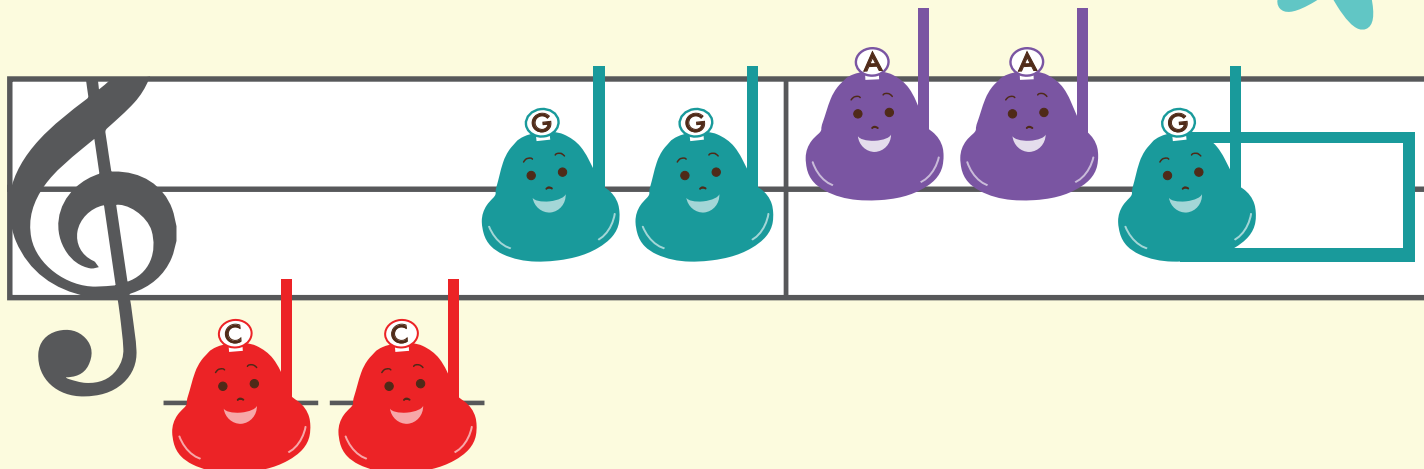
HEY!



Notes Used:

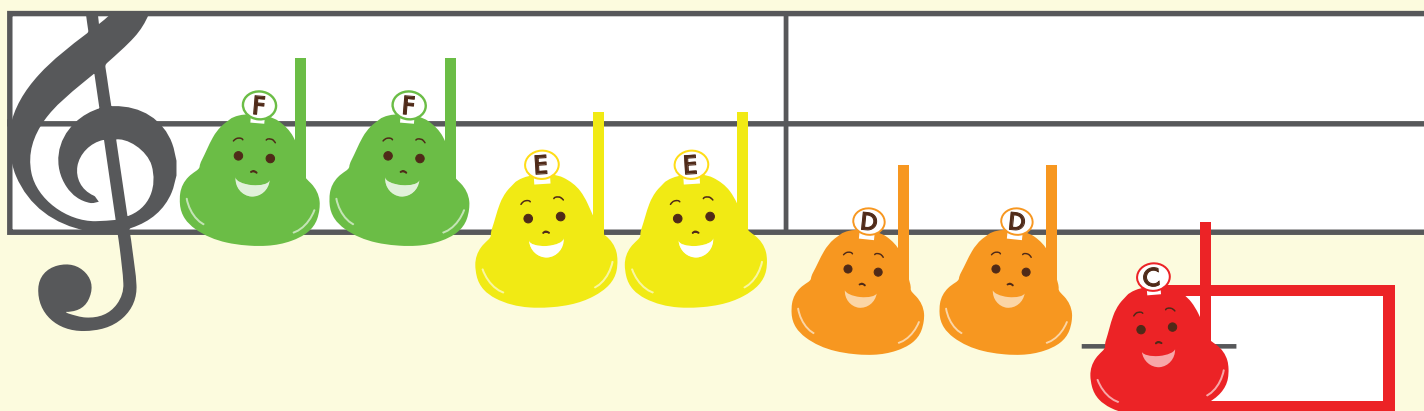


# Twinkle Twinkle Little Star & The ABCs



1. Twin - kle twin - kle lit - tle star

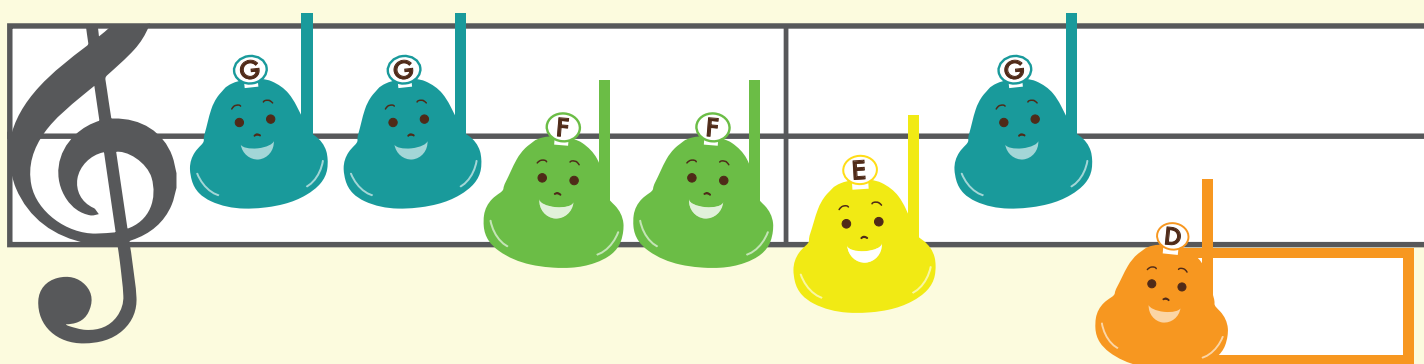
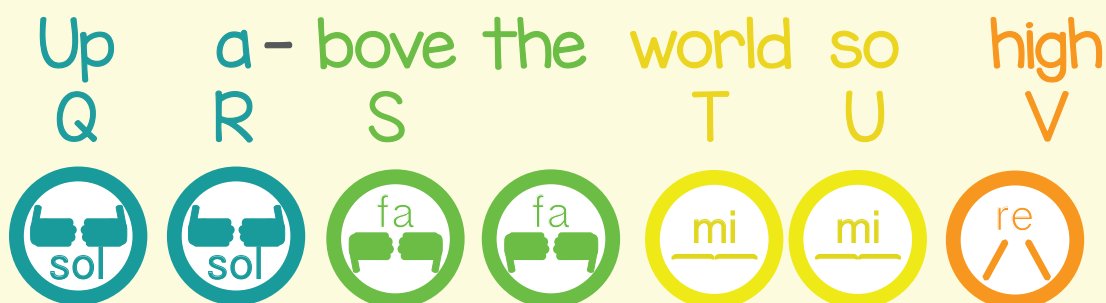
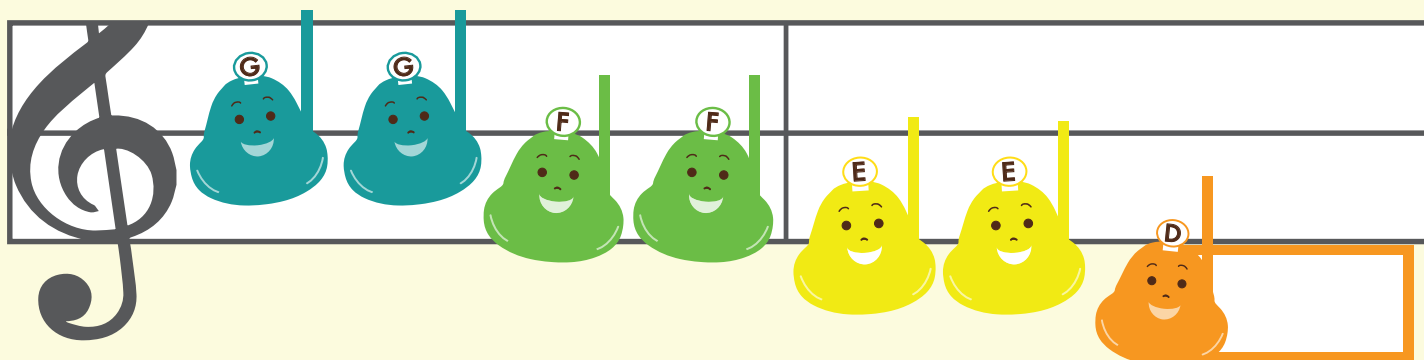
2. A B C D E F G

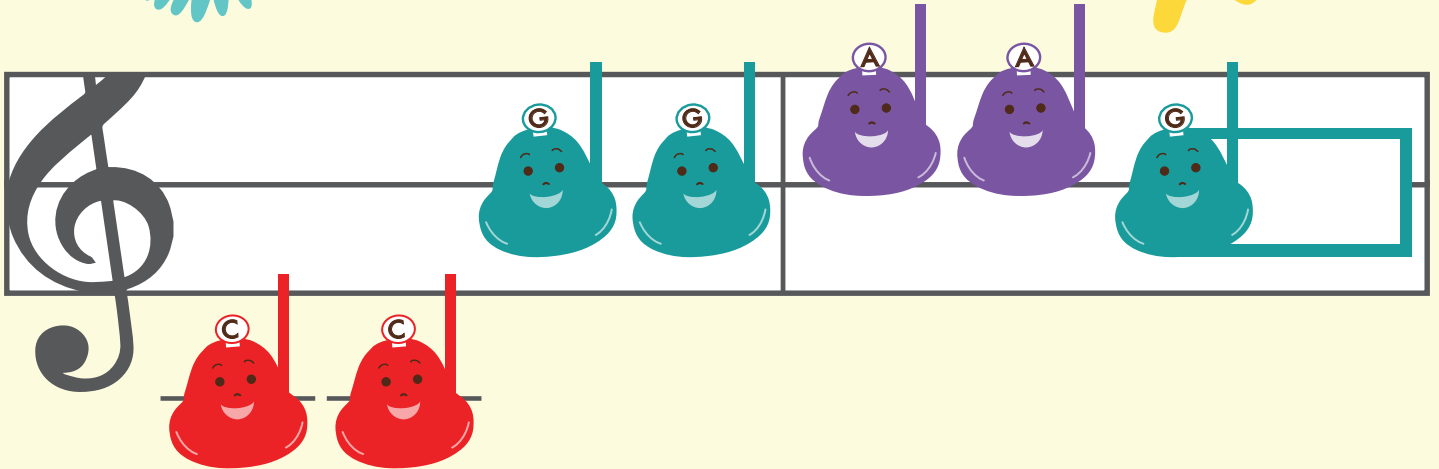


How I won - der what you are

H I J K L M N O P

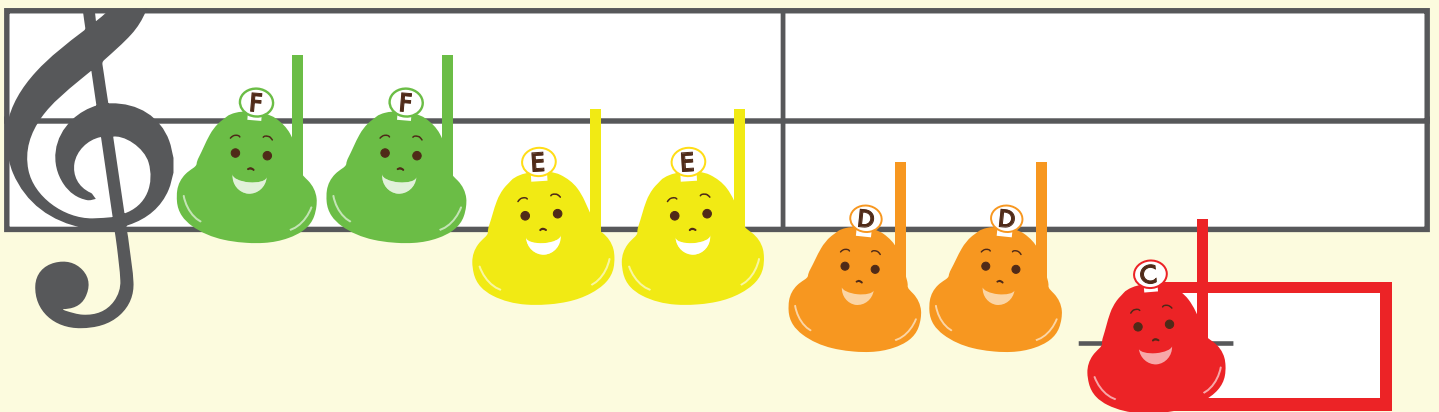






Twin - kle twin - kle lit - tle star

Now I know my A B Cs



How I won - der what you are  
Next time won't you sing with me



Notes Used:



# Ba Ba Black Sheep



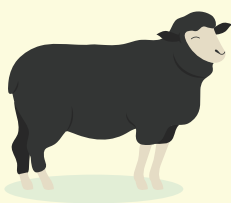
Ba ba black sheep,  
have you any wool?

Yes sir yes sir,  
three bags full.

One for my master,  
one for the dame.

One for the little boy that  
lives down the lane.

Ba ba black sheep,  
have you any wool?

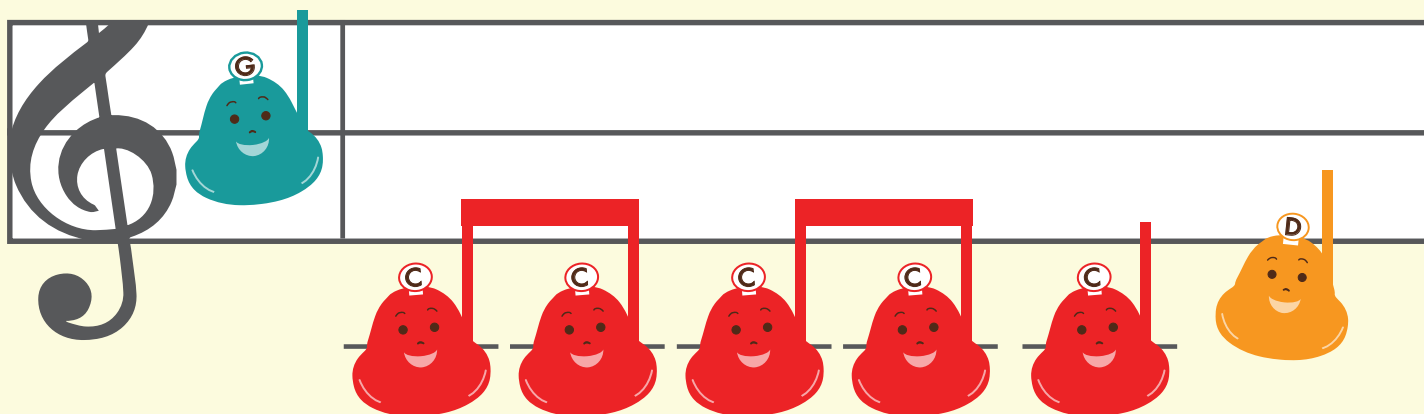







Yes sir yes sir,  
three bags full.

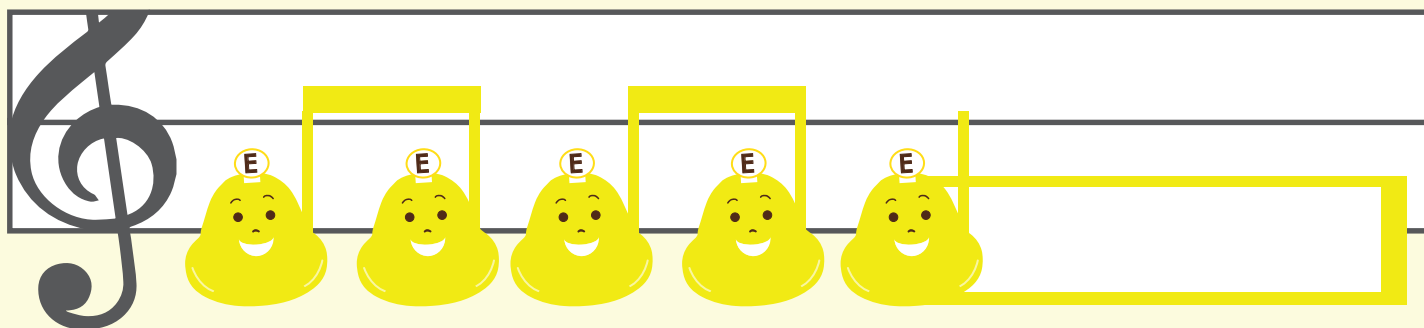
Notes Used:



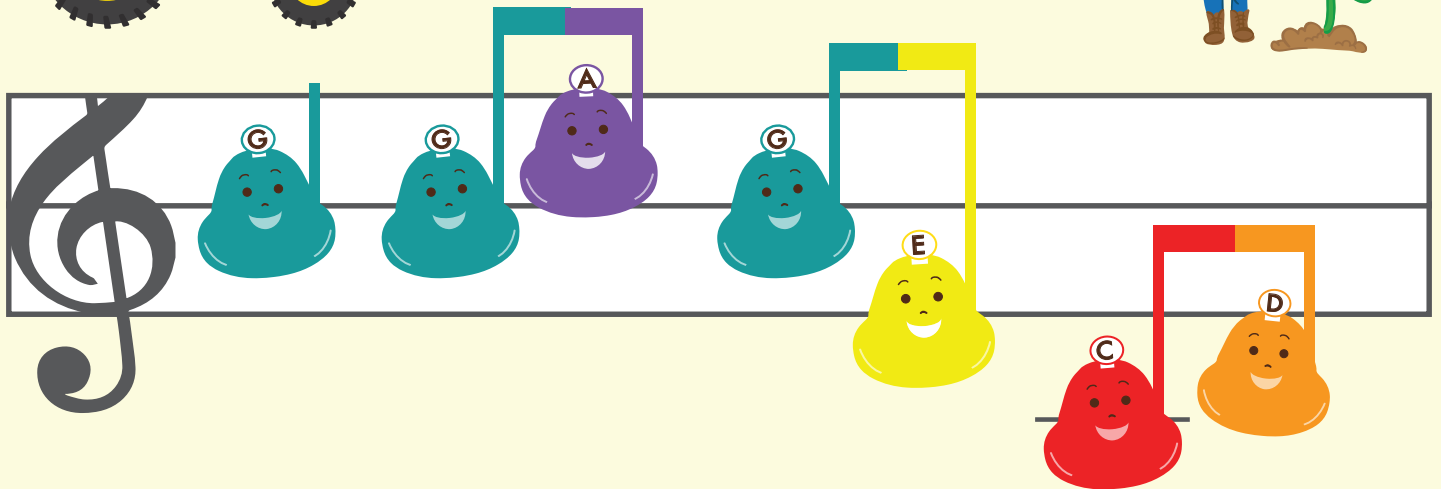
# The Farmer in the Dell



1. The farm-er in the dell the
2. The farm-er takes a wife the
3.       

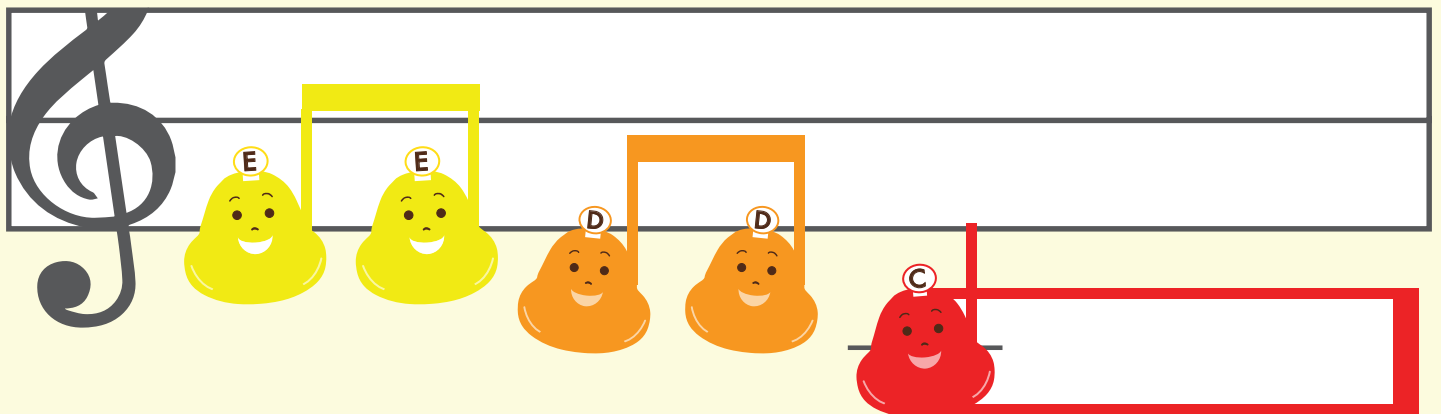


farm - er in the dell  
 farm - er takes a wife  
    



Heigh Ho the der - ry - o the  
 Heigh Ho the der - ry - o the

sol sol la sol mi do re



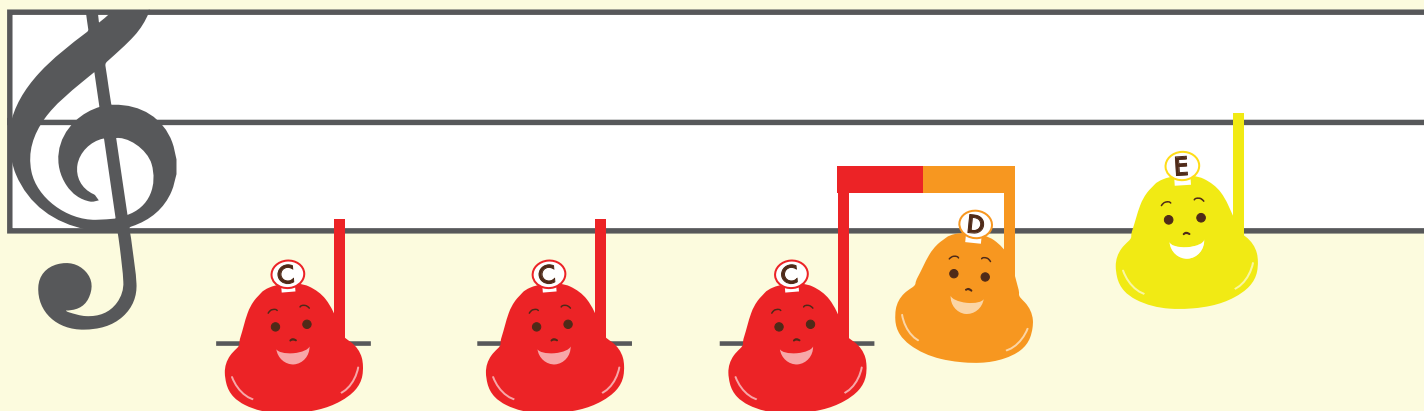
farm - er in the dell  
 farm - er takes a wife

mi mi re re do

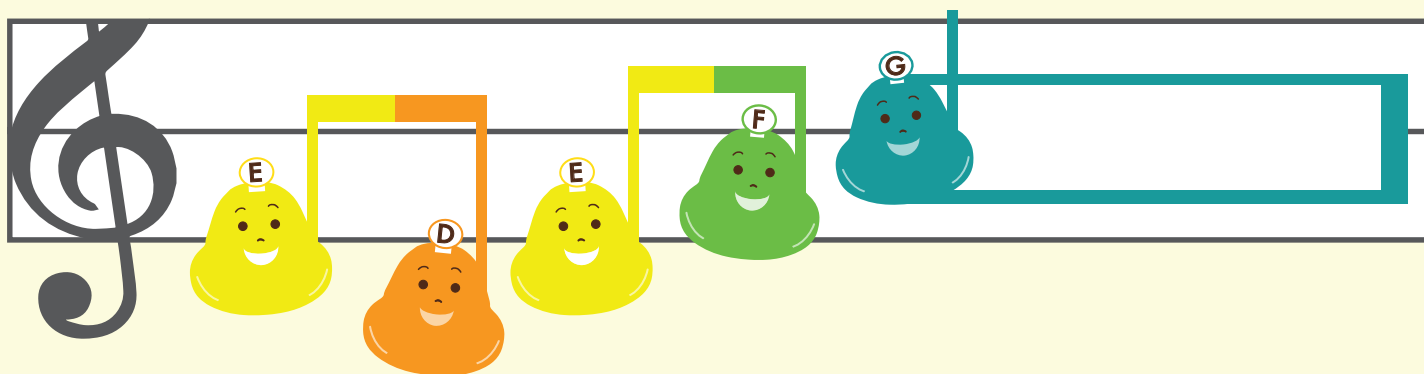
Notes Used:



# Row Your Boat

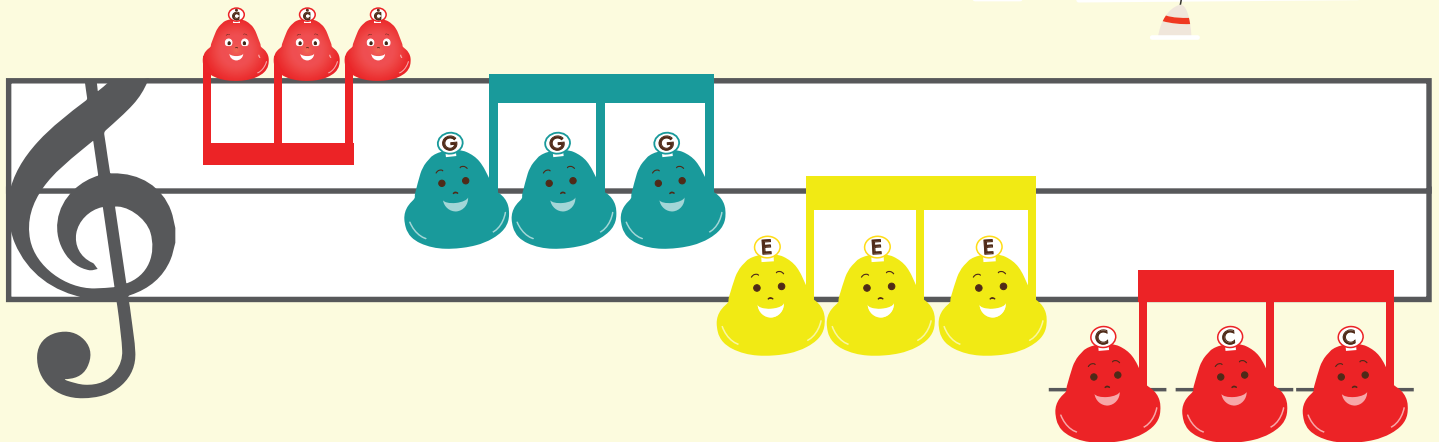
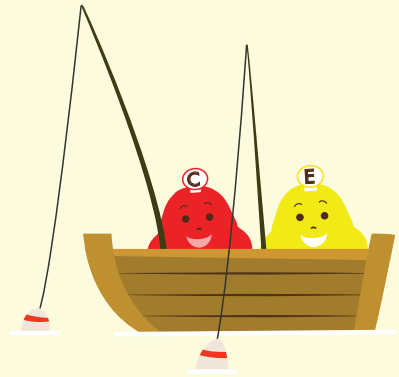


1. Row row row your boat

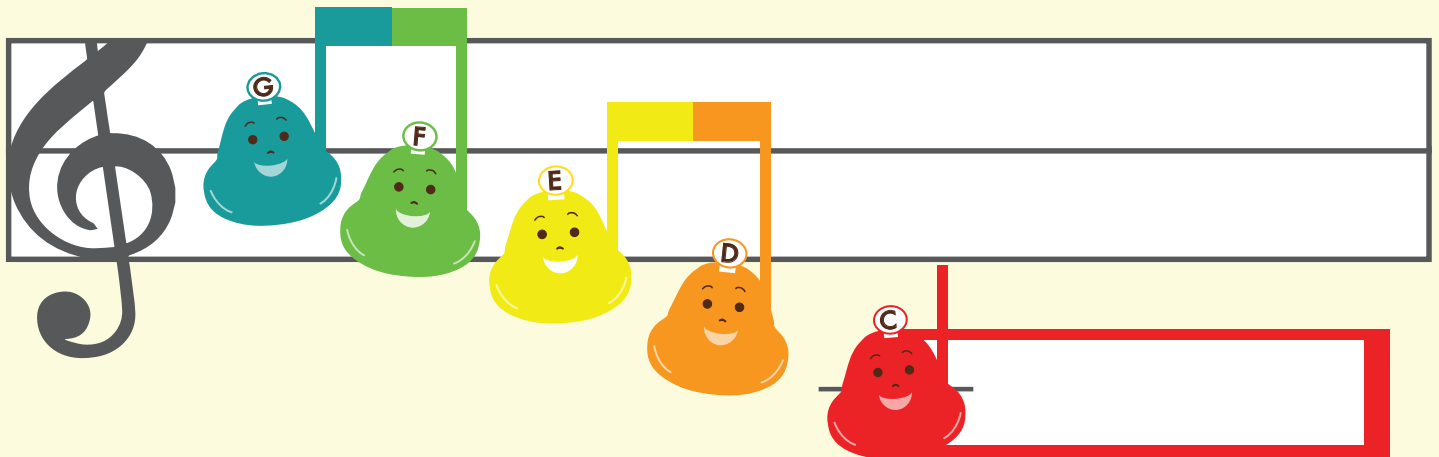


Gent - ly down the stream





Mer-ri-ly mer-ri-ly mer-ri-ly mer-ri-ly



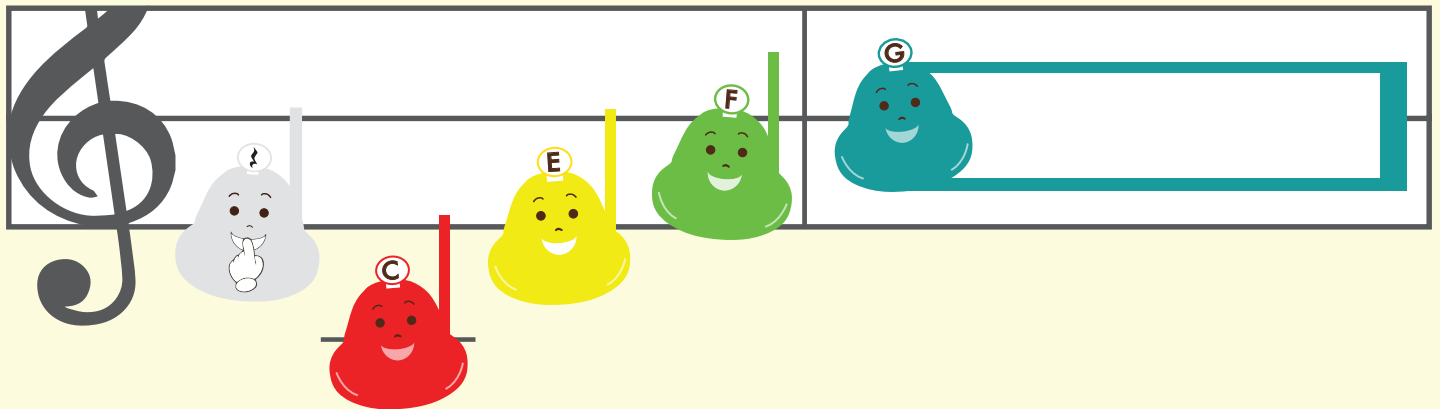
Life is but a dream



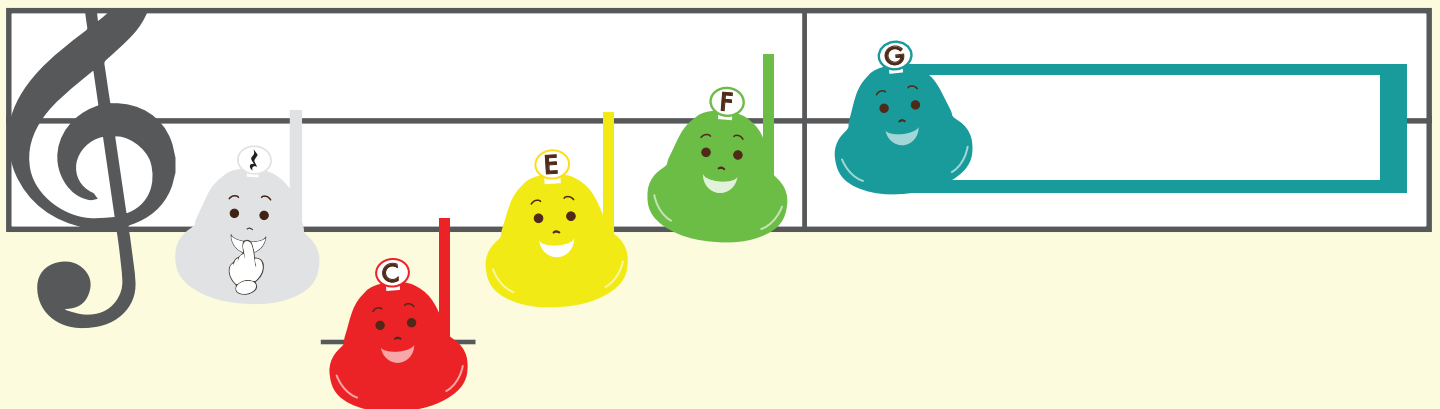
Notes Used:



# When The Saints Go Marching In

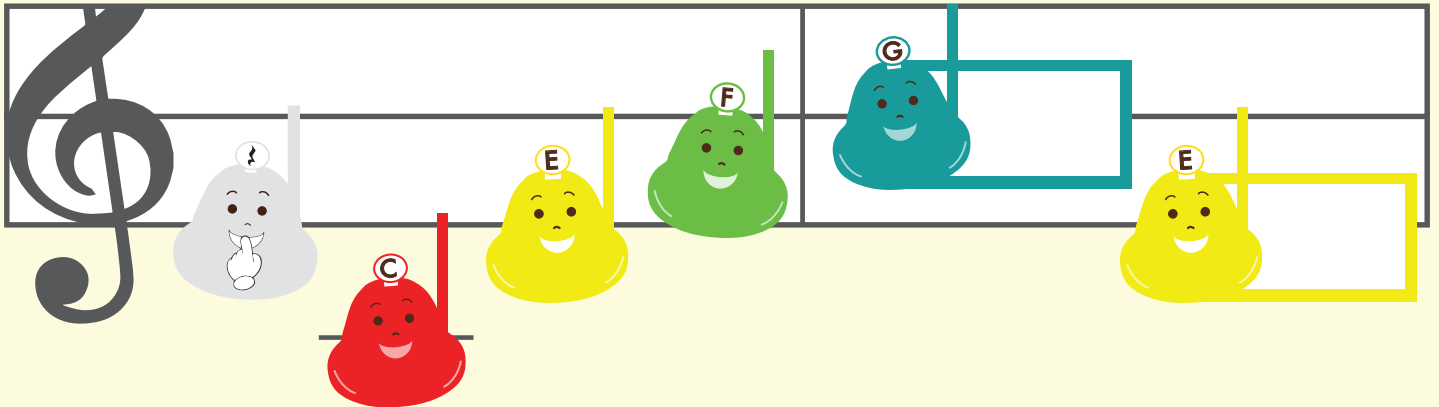


1. Rest Oh when the saints

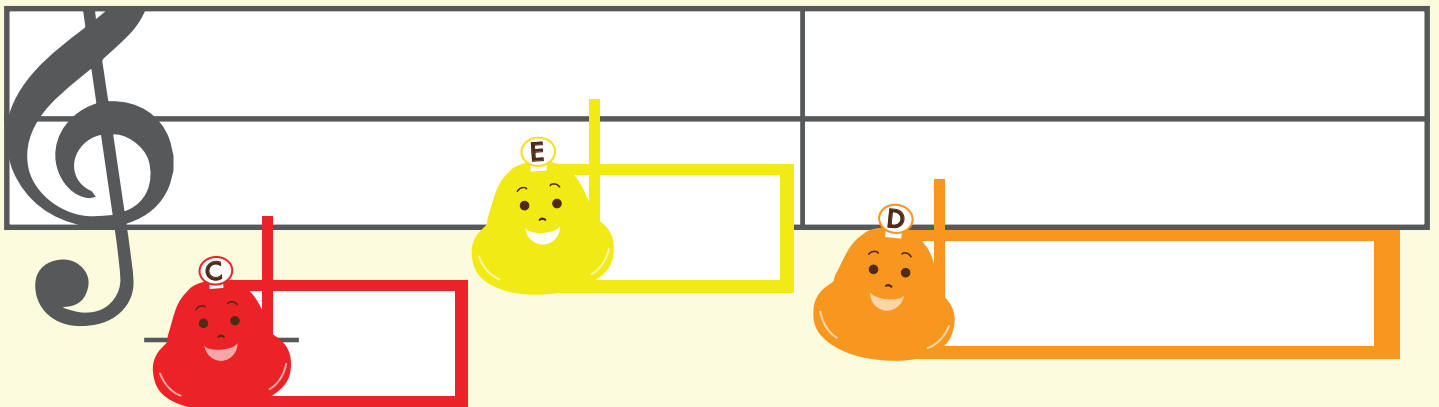


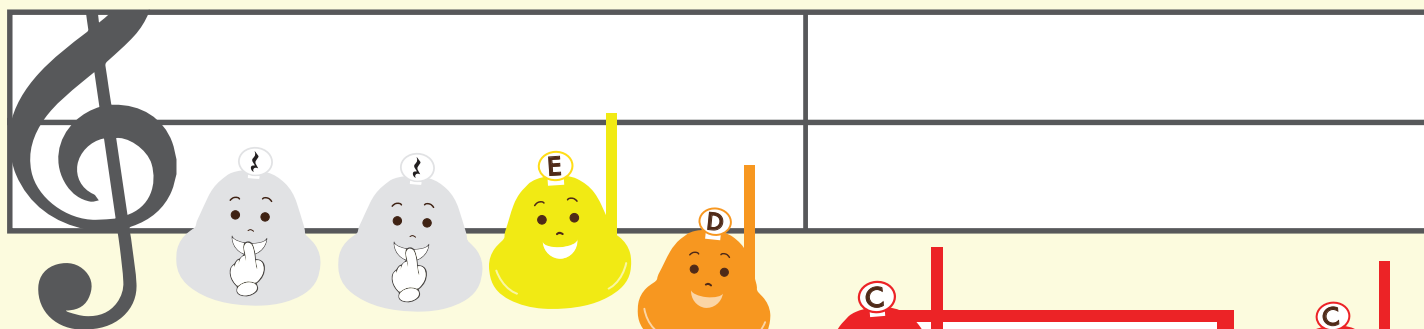
Rest Oh when the saints





Rest Oh when the saints go

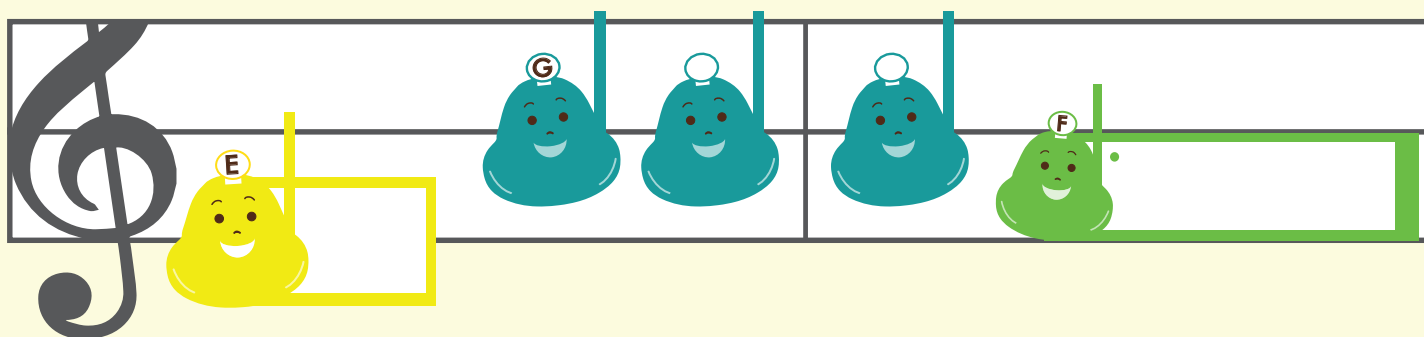




Rest Rest I just want

to

Rest Rest

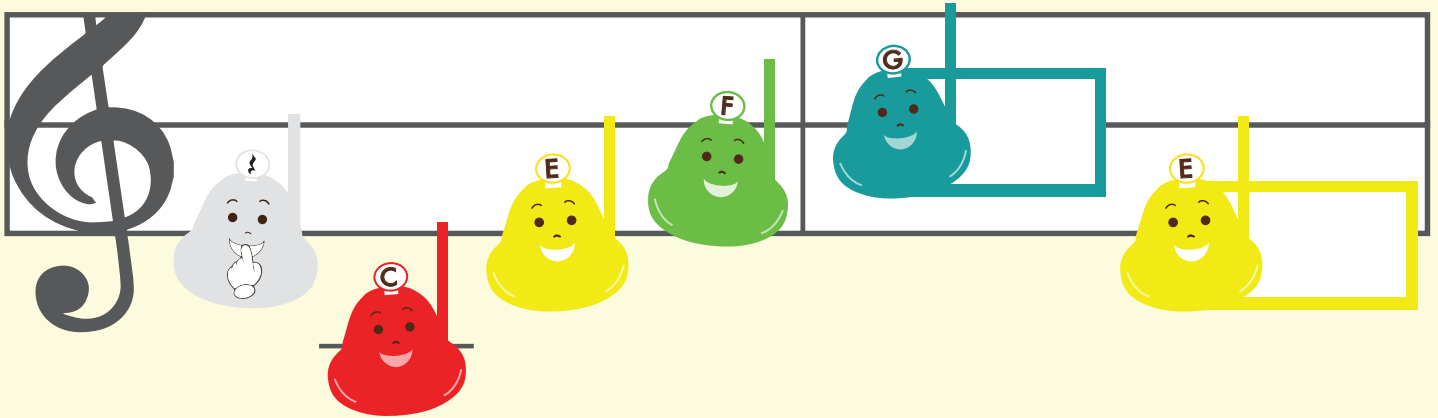
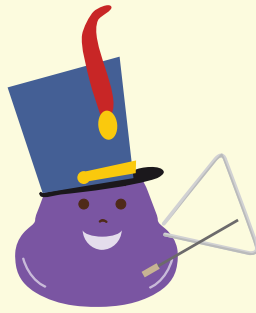
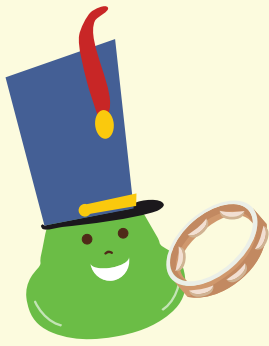


be

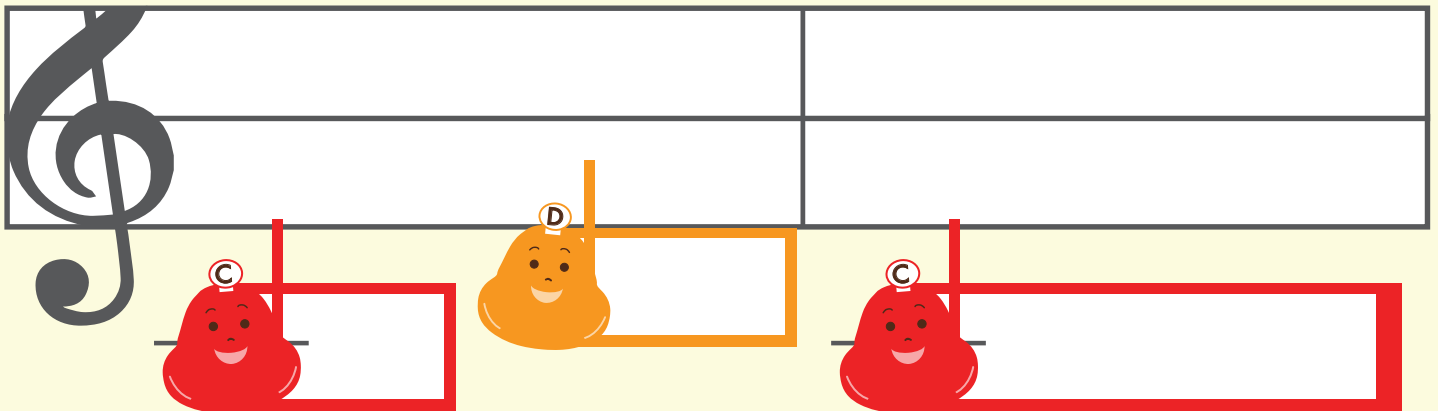


in that num - ber





Rest Oh when the saints go



Notes Used:

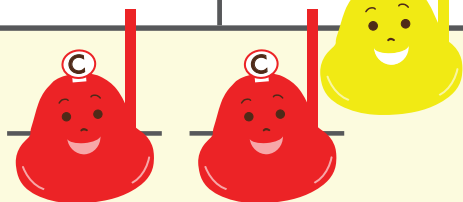


# On Top of Spaghetti



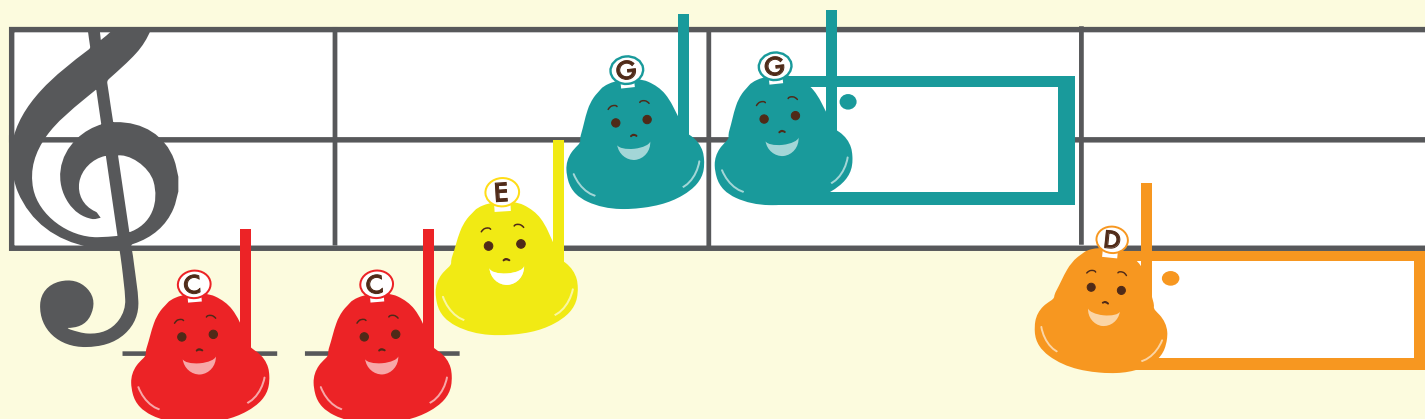
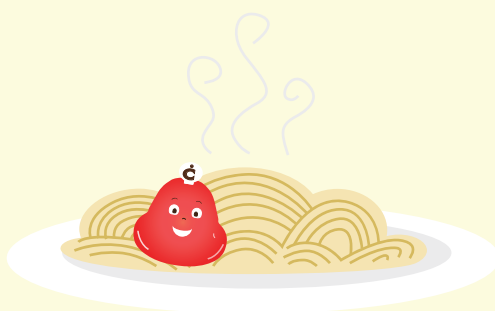
Note: This song only has 3 beats in each measure

3  
4

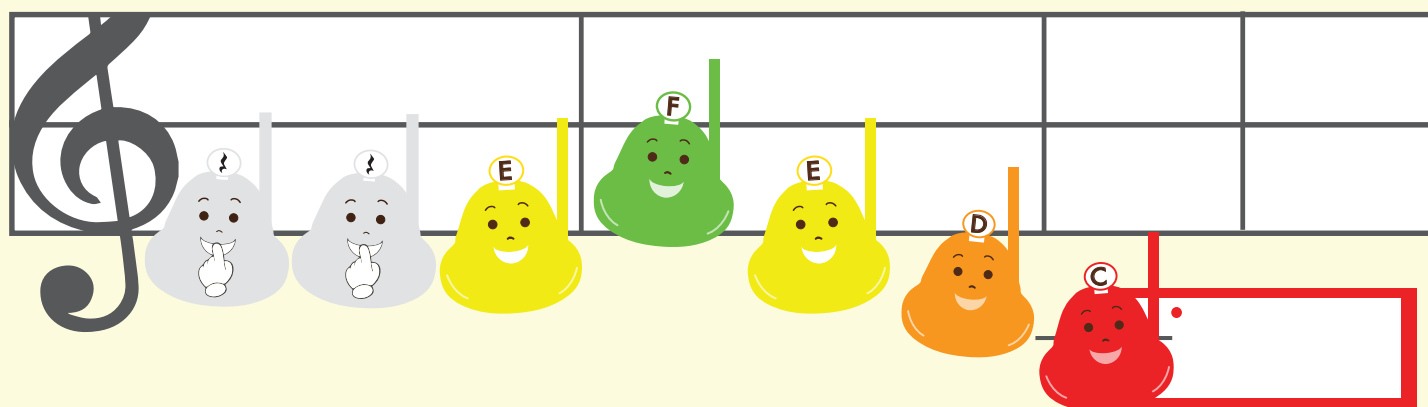


1. On top of spa - ghet - ti
2. It rolled off the ta - ble
3.      

- Rest Rest All co-vered in cheese  
Rest Rest And on to the floor
-     



I lost my poor meat - ball  
And then my poor meat - ball



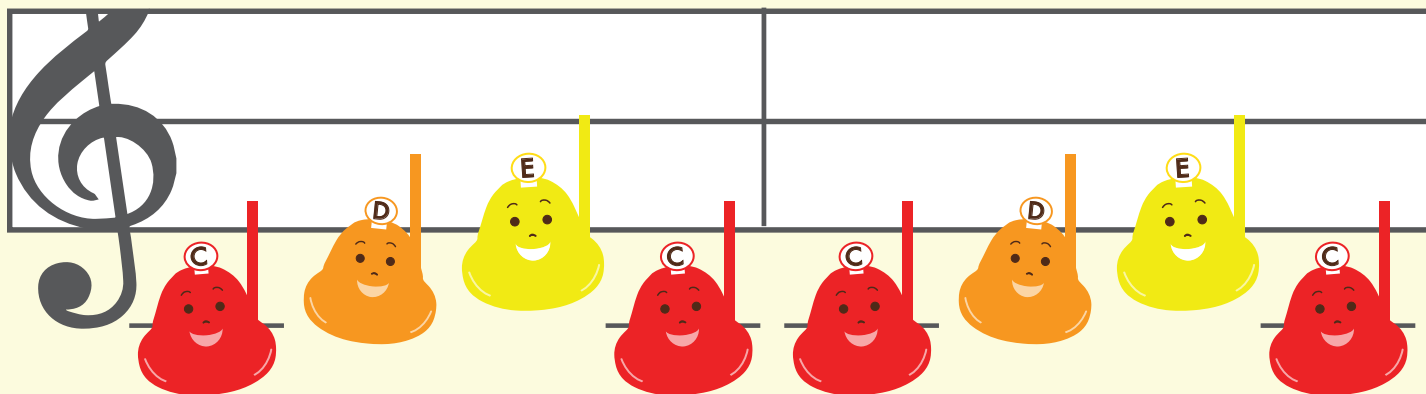
Rest Rest When some - bo - dy sneezed  
Rest Rest It rolled out the door



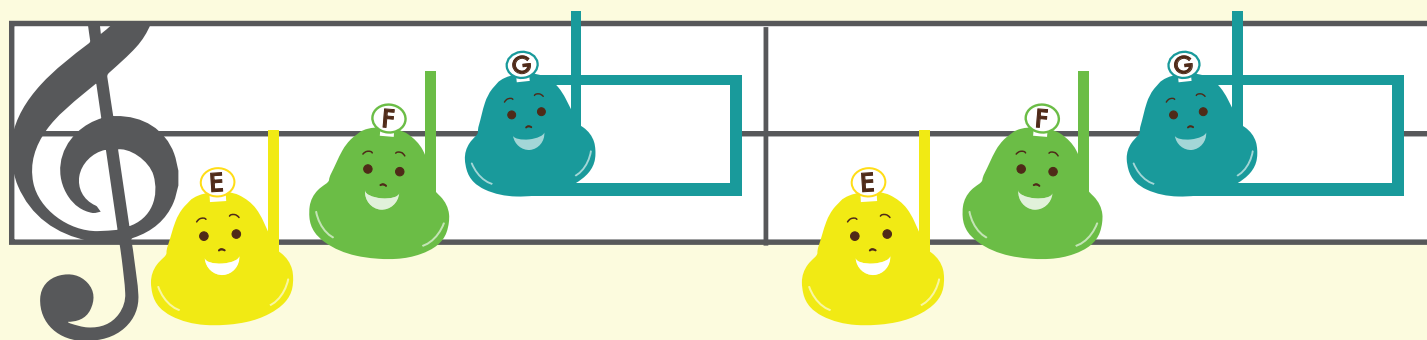
Notes Used:



# Are you Sleeping?



1. Are you sleep-ing are you sleep-ing
2. Fre - re Jac - ques fre - re Jac - ques
3.        



Bro -ther John

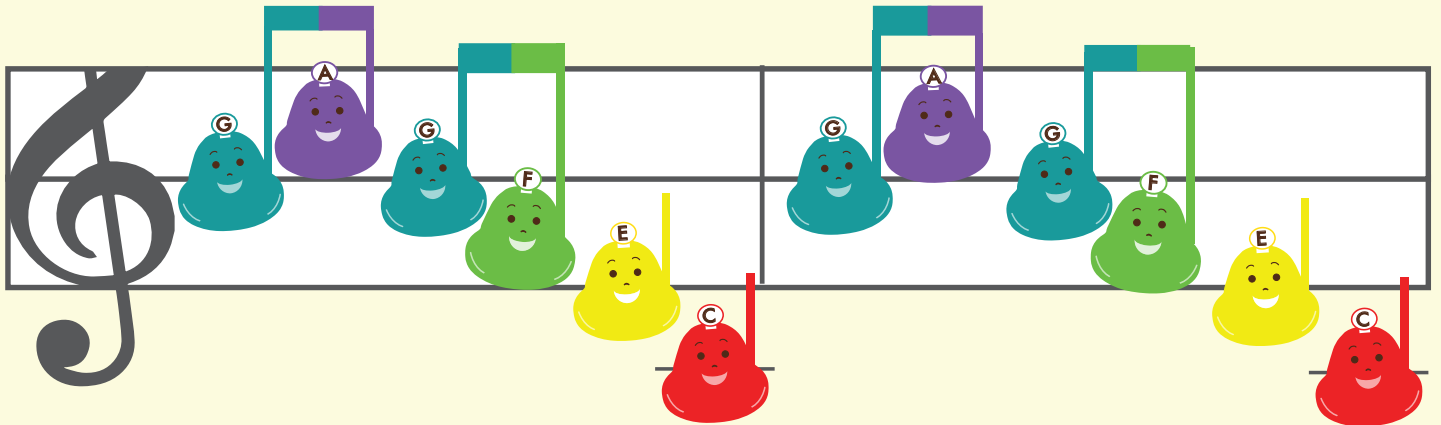
Dor -mez-vous



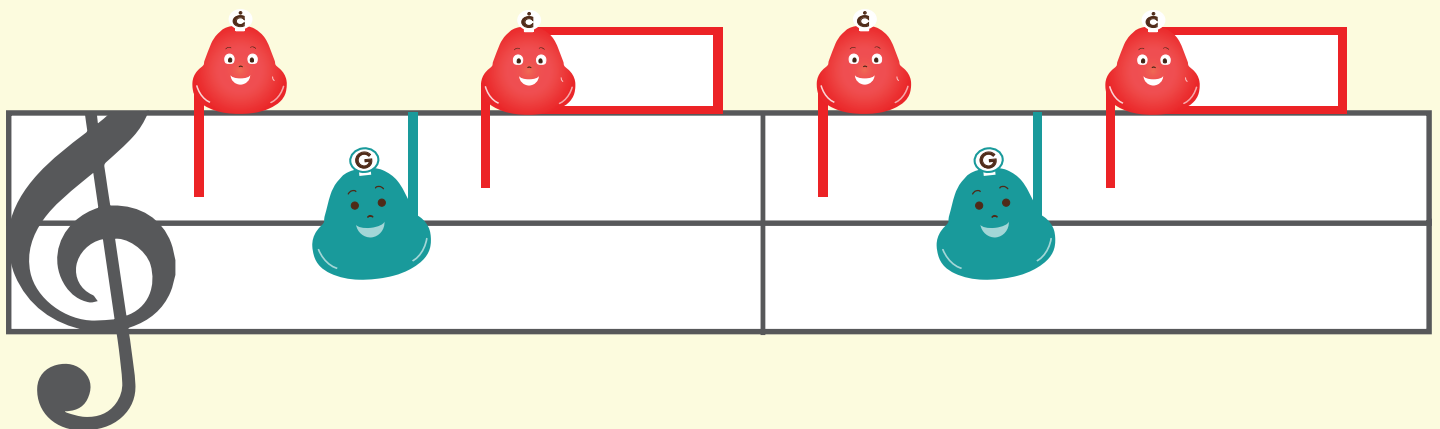
bro -ther John

dor -mez-vous





Morn-ing bells are ring-ing morn-ing bells are ring-ing  
 Son-nez les ma-ti-nes son-nez les ma-ti-nes



ding dang dong  
 ding dang dong



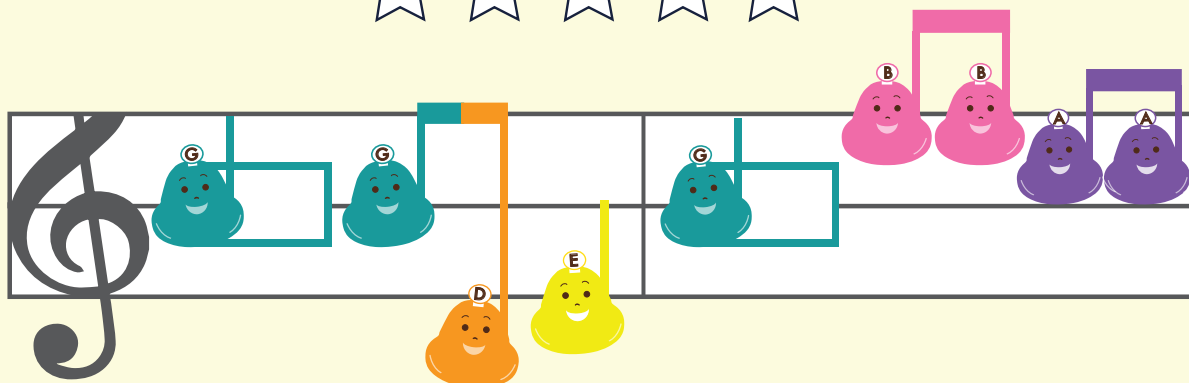
ding dang dong!  
 ding dang dong!



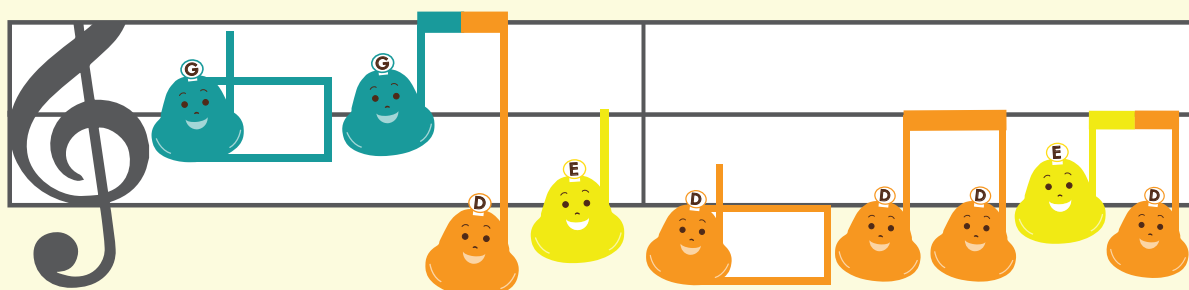
Notes Used:



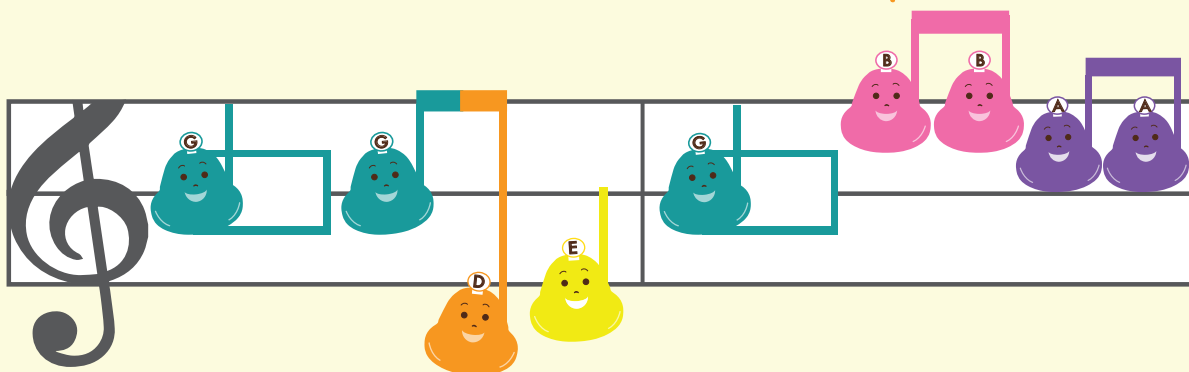
# Sweet Beets



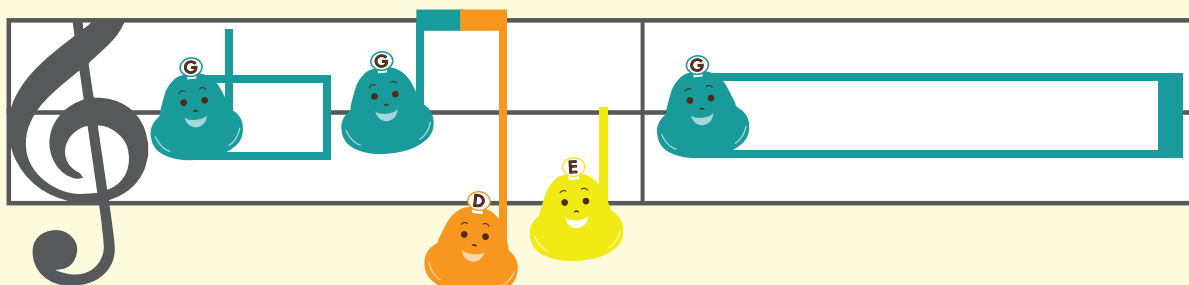
1. Sweet beets, we've got some. If you want some



sweet beets, we got 'em. If you want some



Sweet beets, we've got some. If you want some



sweet beets, we got 'em.

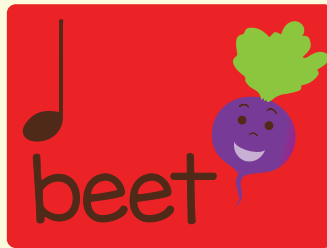
Tap or clap the rhythms below

Note: the colors here mimic a popular rhythm manipulative called Note Knacks. They do not indicate a specific note or pitch.



beet

ta



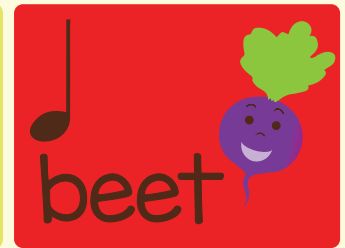
beet

ta



cher ry

ti ti



beet

ta



cher ry

ti ti



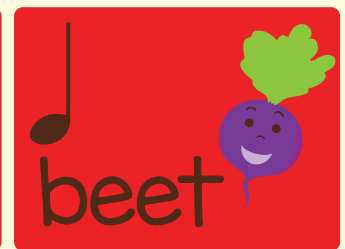
cher ry

ti ti



beet

ta



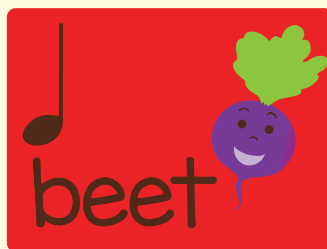
beet

ta



cher ry

ti ti



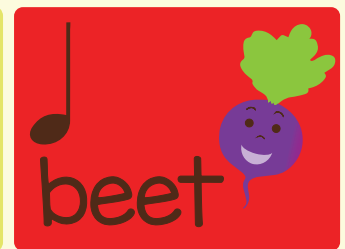
beet

ta



cher ry

ti ti



beet

ta



a vo ca do

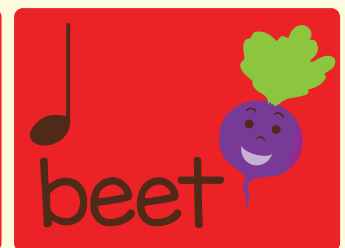
tika tika tika tika ta



a vo ca do



beet



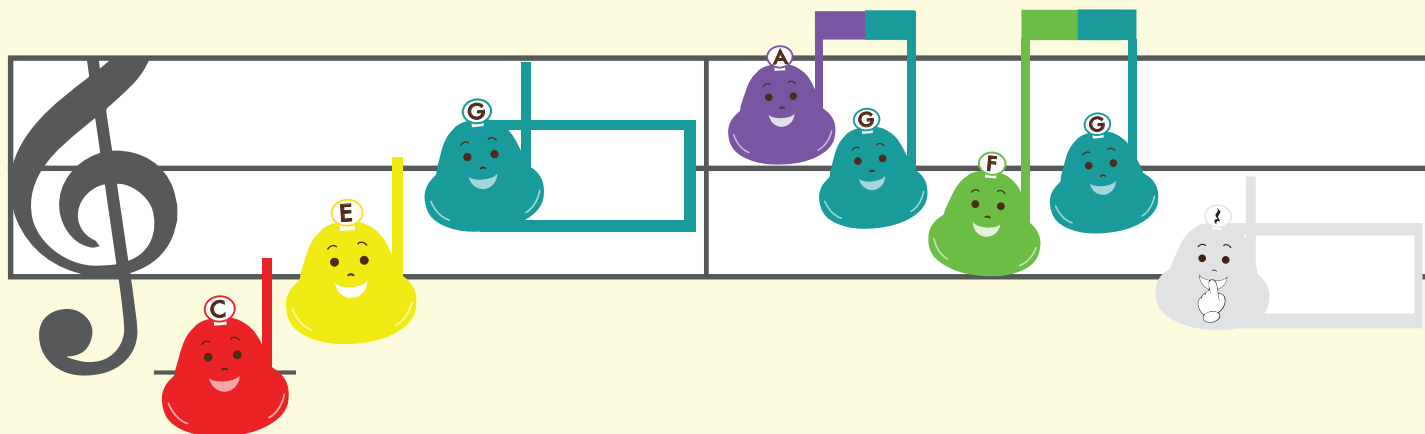
beet








ta

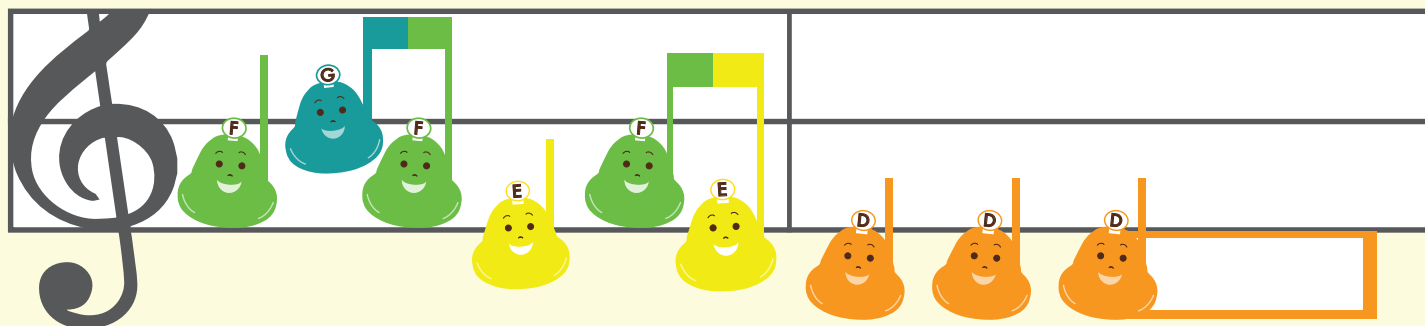
Notes Used:



# Avocado

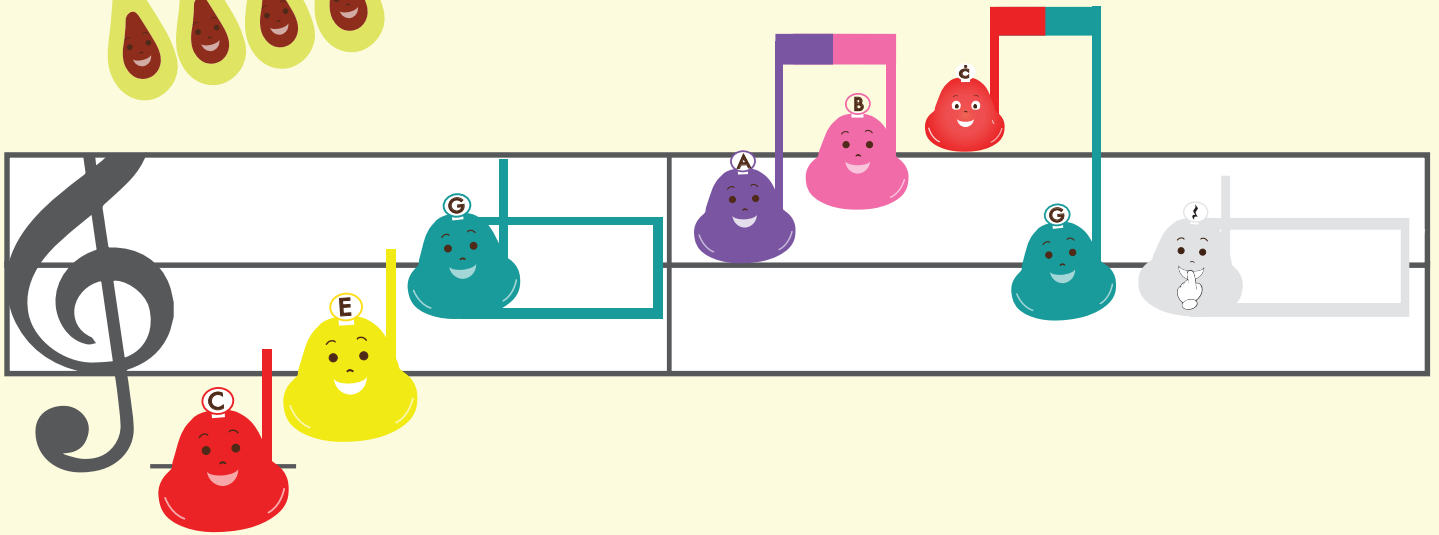


1. Ah Ah Aah a - vo - ca - do Rest
2. Ah Ah Aah a - gua - ca - te Rest
3.       



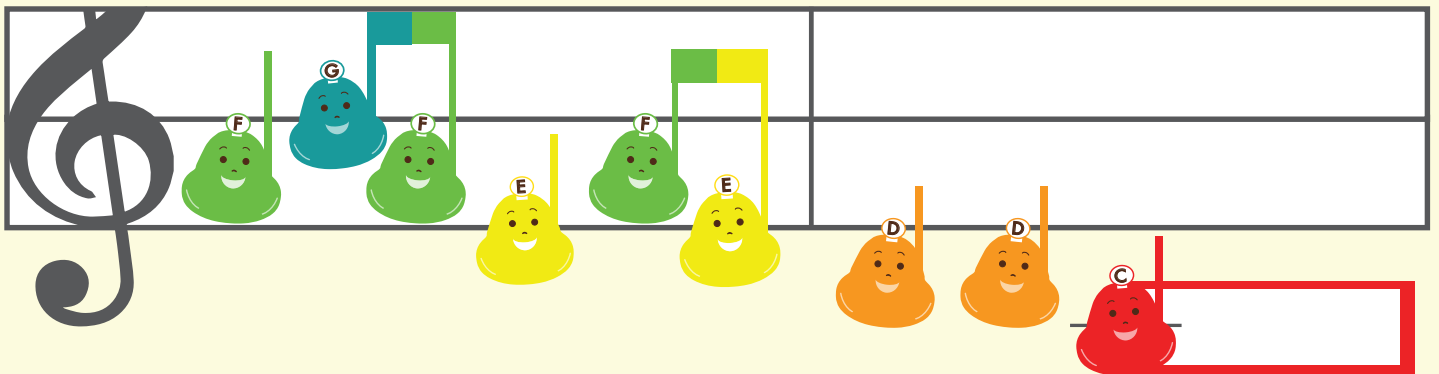
Woa don't you know that I love you so  
me gus-ta mu-cho qui-eres comer?





Ah Ah Aah  
Ah Ah Aah

a-vo-ca-do Rest  
a-gua-ca-te Rest



Woa don't you know that I love you so  
me gus-ta mu-cho I'd eat it all day!



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[Chapter 1 - 2](#) [Chapter 3 - 4](#) [Chapter 5-6](#) [Song-isodes](#) [Beginner](#) [Chords](#) [Rhythm Lessons](#)

## Chapter I



#1 Hello C



#2 Short and Long



#3 C and Shh



#4 Chord Watching



#5 Do-Mi-Sol Slide



#6 Solfege in C Major



# CONGRATULATIONS

You completed My First Songbook Volume I  
and are now ready for Level 2.

